



TO THE REAR OF FRESHNEY PLACE
 3-5 Alexandra Road, Grimsby, North East Lincolnshire DN31 1RD
 Telephone: 01472 720856

5K Prom Results 7.11.17

Pos	Number	Minutes	Seconds	Forename	Surname	Club	Gender	Age
1	186	16	08	Nick	Martin	Caistor Running Club	M	24
2	183	17	04	Harry	Mackenzie	Grimsby	M	33
3	198	17	19	Rob	Payne	Caistor Running Club	M	28
4	179	17	28	James	Larder	Louth AC	M	17
5	119	17	56	Jordan	Carlile	Cleethorpes AC	M	17
6	203	17	59	Ben	Blumpton	Cleethorpes AC	M	16
7	131	18	35	Jack	Darnell	U/Attached	M	26
8	182	18	38	Den	Lynch	Louth AC	M	47
9	241	18	40	Steve	Trushell	Cleethorpes AC	M	38
10	228	18	46	Robert	Smith	Cleethorpes AC	M	40
11	225	18	47	Michael	Skelton	Cleethorpes AC	M	42
12	150	18	49	Paul	Greenway	Cleethorpes AC	M	42
13	237	18	52	Dean	Thomas	Cleethorpes AC	M	32
14	234	18	53	Chris	Taylor	Louth AC	M	39
15	220	19	12	Martin	Robinson	Cleethorpes AC	M	46
16	185	19	13	David	Mannion	Caistor Running Club	M	33
17	128	19	24	Daniel	Cooper	Grimsby Tri Club	M	25
18	248	19	25	Mike	Wells	Caistor Running Club	M	42
19	127	19	27	Richard	Conway	Louth AC	M	49
20	129	19	29	Robert	Crump	Caistor Running Club	M	41
21	120	19	31	Michael	Carpenter	U/Attached	M	33
22	240	19	37	Jon	Troop	Cleethorpes AC	M	36
23	189	19	41	Dave	Mills	U/Attached	M	48
24	224	19	44	Lee	Scrimshaw	U/Attached	M	25
25	195	19	46	Jason	Oxby	Louth AC	M	45
26	174	19	48	Harriet	Johnson	Louth Triathlon Club	F	34
27	167	20	02	Pete	Hutchinson	U/Attached	M	59

28	193	20	02	James	Ogley	Wolds Vets	M	42
29	188	20	22	Louis	McTernan	U/Attached	M	20
30	148	20	22	Jack	Gibney	U/Attached	M	15
31	108	20	24	Andrew	Bell	Caistor Running Club	M	51
32	143	20	25	Paul	Freeman	Wolds Vets	M	54
33	231	20	29	Daniel	Snook	Cleethorpes AC	M	32
34	227	20	53	Lee	Smith	Grimsby Harriers	M	38
35	134	20	56	Callum	Devaney	U/Attached	M	17
36	229	20	58	Austin	Smith	U/Attached	M	41
37	114	21	02	Natalie	Burns	Lincoln Wellington	F	33
38	221	21	08	Richard	Roe	Wolds Vets	M	46
39	219	21	16	Shaun	Robinson	Wolds Vets	M	41
40	103	21	16	John	Armstrong	Grimsby Tri Club	M	45
41	154	21	20	Paul	Hallam	Cleethorpes AC	M	53
42	232	21	31	Stephen	Spall	Cleethorpes AC	M	54
43	151	21	36	Andrew	Guest	Scunthorpe & District	M	44
44	152	21	51	Harveys	Guest	U/Attached	M	17
45	218	22	16	Helen	Robinson	Wolds Vets	F	41
46	178	22	24	Louie	Knudsen	Cleethorpes AC	M	12
47	206	22	26	Rachel	Portlock	Wolds Vets	F	46
48	124	22	34	Alan	Clarke	Cleethorpes AC	M	44
49	149	22	36	David	Giles	Cleethorpes AC	M	34
50	146	22	37	Dan	Gelder	Cleethorpes AC	M	42
51	226	22	39	Ian	Smith	Cleethorpes AC	M	49
52	196	22	42	Kathy	Palmer	U/Attached	M	57
53	173	22	45	David	Jobson	U/Attached	M	61
54	243	22	47	Emma	Tyson	Caistor Running Club	F	25
55	117	22	52	Wayne	Bryne	Cleethorpes AC	M	37
56	170	22	54	Phil	Jackson	Louth AC	M	59
57	144	22	55	Simon	Fursman	Wolds Vets	M	48
58	191	22	58	Jason	Newton	U/Attached	M	44
59	162	22	58	Jane	Hill	Cleethorpes AC	F	51
60	140	22	59	Kevin	Fish	U/Attached	M	34
61	112	23	11	Sophie	Brown	Cleethorpes AC	F	25
62	118	23	33	Andy	Calaby	U/Attached	M	51
63	132	23	41	Rene	Darnell	U/Attached	M	60
64	251	23	42	Ian	Woodford	Cleethorpes AC	M	53
65	141	23	42	Lisa	Foster	Cleethorpes AC	F	40
66	213	23	45	Gordon	Riley	Wolds Vets	M	70
67	242	23	46	Wayne	Turrell	Caistor Running Club	M	53
68	202	23	47	Malcolm	Piper	Wolds Vets	M	61
69	238	23	52	Clive	Thornley	Caistor Running Club	M	60
70	212	23	59	Chris	Rayner	Grimsby Tri Club	M	36
71	158	24	00	Stephanie	Harter	U/Attached	F	26
72	160	24	06	Andrew	Harvey	U/Attached	M	35
73	145	24	34	Betty	Gash	Louth AC	F	58
74	122	24	42	Dean	Chalder	Wolds Vets	M	55
75	139	24	44	Fay	Fenwick	U/Attached	F	57
76	111	24	53	Ben	Briggs	Cleethorpes AC	M	36
77	172	25	01	Fiona	Jex	Cleethorpes AC	F	48
78	222	25	02	David	Rouse	U/Attached	M	49
79	244	25	20	Katrina	Walster	Cleethorpes AC	F	54
80	200	25	23	Ethan	Peck	Cleethorpes AC	M	16
81	201	25	24	Gary	Peck	U/Attached	M	52
82	125	25	49	James	Clayton	Wolds Vets	M	54

83	126	25	58	Sarah	Coleman	Cleethorpes AC	F	46
84	217	26	24	Victoria	Robertson	Wolds Vets	F	38
85	105	26	31	Mandy	Barley	Cleethorpes AC	F	49
86	169	26	32	Roz	Jackson	Louth AC	F	59
87	194	26	38	Chloe	Ogley	U/Attached	F	22
88	155	26	50	Karen	Hames	Wolds Vets	F	60
89	107	27	03	Jo	Barnsley	Cleethorpes AC	F	39
90	121	27	06	Victoria	Cass	Louth AC	F	36
91	168	28	16	Debbie	Lwanczuk	Cleethorpes AC	F	37
92	135	28	28	Louise	Dishman	Cleethorpes AC	F	41
93	123	28	29	Darren	Clark	Cleethorpes AC	M	45
94	190	28	35	Karen	Moulding	Louth AC	F	54
95	102	28	40	Fran	Alison	Caistor Running Club	F	54
96	249	28	40	Sarah	Wells	Caistor Running Club	F	45
97	204	28	48	Mel	Portlock	Cleethorpes AC	F	34
98	246	28	52	Debbie	Watt	Cleethorpes Tri Club	F	46
99	245	29	03	Kerrie	Ward	Wolds Vets	F	35
100	176	29	04	Lisa	Kidd	Caistor Running Club	F	42
101	159	29	05	Janet	Harter	U/Attached	F	57
102	147	29	9	Julie	Gibbons	Cleethorpes AC	F	47
103	142	29	19	Samantha	Franks	Cleethorpes AC	F	47
104	197	29	48	Vikki	Pannell	Cleethorpes AC	F	40
105	184	30	10	Leah	Maddison	U/Attached	F	33
106	133	31	39	Stacey	Davis	Cleethorpes AC	F	32
107	109	32	4	Emma	Blow	U/Attached	F	37
108	153	32	36	Lucy	Hall	Cleethorpes AC	F	43
109	137	34	8	Jimmy	Dutch	Cleethorpes AC	M	74
110	207	35	54	Alison	Potts	Cleethorpes AC	F	41