

# WELCOME BACK TO AUTUMN TERM 2019

We hope you have enjoyed the summer holidays we can't believe September has arrived.

We have been very busy over the holidays and would like to thank everyone who came to see us for our 3 week intensive lessons and our Rookie Lifeguard Course.

When we've not been working we have managed to get out an about on long walks with Marley and planning our Autumn Term.

So on behalf of Jo we look forward to seeing you again and a special warm welcome to all those who are joining Enjoy2swim

Marley on his holibobs

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Lots of Love Nicky and Jo

# DATES FOR THE DIARY

For your diaries!

Start date: Monday 9th September PLEASE NOTE Thursday swimmers you start on 19th September so you will have 12th September off to go and watch the plans at the Air Display! Half term: including Saturday 26th October - Saturday 2nd

November.

End dates:Monday 2nd December
Tuesday 3rd December
Wednesday 4th December
Thursday 12th December
Friday 6th December
Saturday 14th December

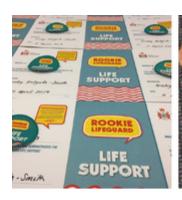
There will be NO intensive lessons in October half term.

## LESSON CRITERIA

This term all our little swimmers levels 1-4 in the Swim England Awards will continue with technique and stamina work which will then work towards achieving distance badges.

For our splash and Singers we will be working on building confidence and enjoying being in the water, we will continue with the Swim England Duckling Badges.

Please note all Certificates and Badges are included in the cost of your Childs Lessons.









## Rookie Lifequard Cpr Course

We are open for

booking for both our Rookie Lifeguard Cpr Courses, there is a choice of dates either:-Tuesday 29th of October or Thursday 31 October from 2.30pm to 4.30pm at St Georges Preparatory School

The course will cover:-

- \* turning a casualty onto their back
  - \* recovery position
  - \* managing regurgitation
  - \* adult and child choking
    - \* adult CPR sequence

Cost is £20.00pp

(which includes badge and certificate)

To book a space please email nicky@enjoy2train.je

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