**HUMBERSIDE TRACK & FIELD LEAGUE OPENS 2017 XXXXX**

**MEETING 4**

**On Sunday 6th AUGUST 2017**

**At the KING GEORGE Vth STADIUM, WEELSBY RD. GRIMSBY DN32 9RU**

**AT 10.30 am. Under UKA RULES. Permit; OUT 17/233**

**This programme includes events for age groups from U9 upwards. U9 means School Years 2 & 3.**

**TRACK EVENTS**

**TIME EVENT AGE GROUPS**

**11.00am. 70m Hurdles U13 Girls 75m Hurdles U13 Boys 75m Hurdles U15 Girls 80m Hurdles U15 Boys 80m Hurdles U17 Women**

**100m Hurdles U17 Men 100m Hurdles SW 110m Hurdles Sen. Men 100m U13G U13B U15G U15B U17/J/SW U17/J/SM**

**80m U9G U9B U11G U11B**

**300m U15G U15B U17W**

**400m U17/J/SM U17/J/SW(U17W option)**

**Wheelchair Race 400m/800m as required.**

**Race Walk Distance TBA.**

**600m U9G U9B U11G U11B**

**800m U13G U13B U15G U15B U17/J/SW U17/J/SM**

**150m U9G U9B U11G U11B**

**1200m U13G U13B**

**1500m U15 Age groups upwards**

**200m U13G U13B U15G U15B U17/J/S/W U17/J/SM**

**5 x 80m Relay U9 Mix & Match – circular track**

**4 x 100m Relay U11 U13 U15 U17/J/S – Mix & Match**

**FIELD EVENTS**

**(The Field events order is a guide. The Field Referee may decide to change this as necessary)**

**10.30am. Triple Jump U15 age group and above**

**High Jump U13B U15B U17/J/SM U13G U15G U17W/J/SW**

**Shot Putt U13G U15G**

**Long Jump U11B + U9B ( Run-up restricted to 10m.)**

**Long Jump U11G + U9G ( Run-up restricted to 10m.)**

**Discus U15G U17/J/SW**

**Javelin U15B U17/J/SM**

**Discus U13B U13G (remove)**

**Long Jump U13G U15G U17/J/SW**

**Shot Putt U13B U15B**

**CB/RB U9G U9B U11G U11B**

**Shot Putt U17/J/SM U17/J/SW**

**Long Jump U13B U15B U17/J/SM**

**Discus U15B U17/J/SM**

**Javelin U15G U17/J/SW**

**HUMBER MEETING ENTRY FEE IS £5.00 PER COMPETITOR PER NUMBER. ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.**

**NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY. NO ATHLETE IN THE U13 AGE GROUP MAY COMPETE IN THE TRIPLE JUMP. Enquiries to** [**ebellath@aol.com**](mailto:ebellath@aol.com)

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| **No.** | **Name** | **Club** | **Age Grp** | **Date of Birth** | **School Year** | **England Reg. No.** |
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