



# Sailing Weather

Penny Tranter

19 January 2017



Heart of England Offshore Cruising Association  
HOECA

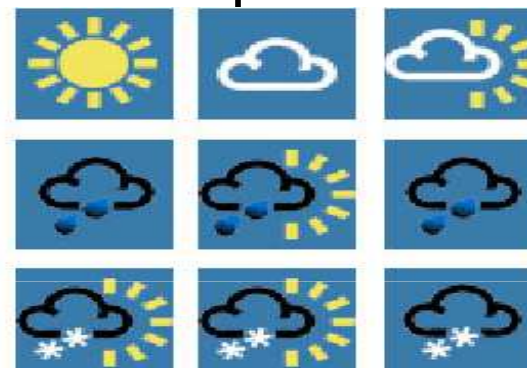


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# Weather and climate

# The difference between 'weather' and 'climate'?

- Weather is the state of the atmosphere at a particular place and time

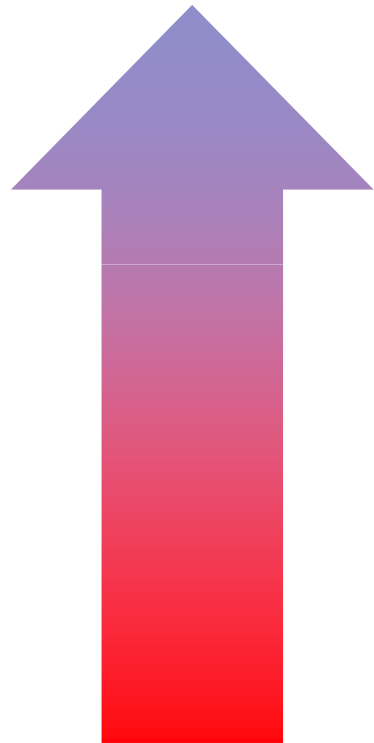


- Climate is the average weather condition of a particular part of the world (often over many decades)



Up and down

Cool air (holds less water)



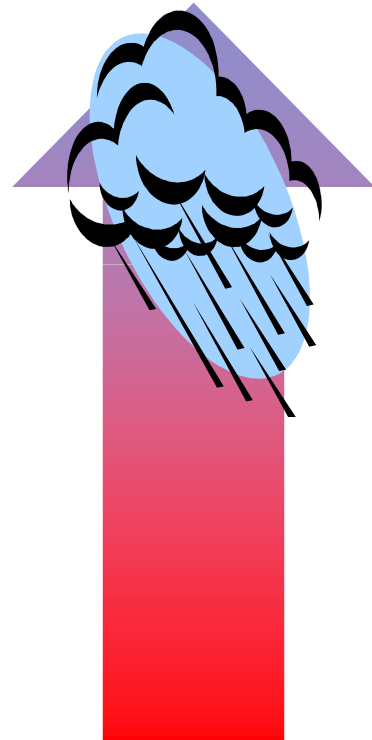
Warm air (holds more water)



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Up and down

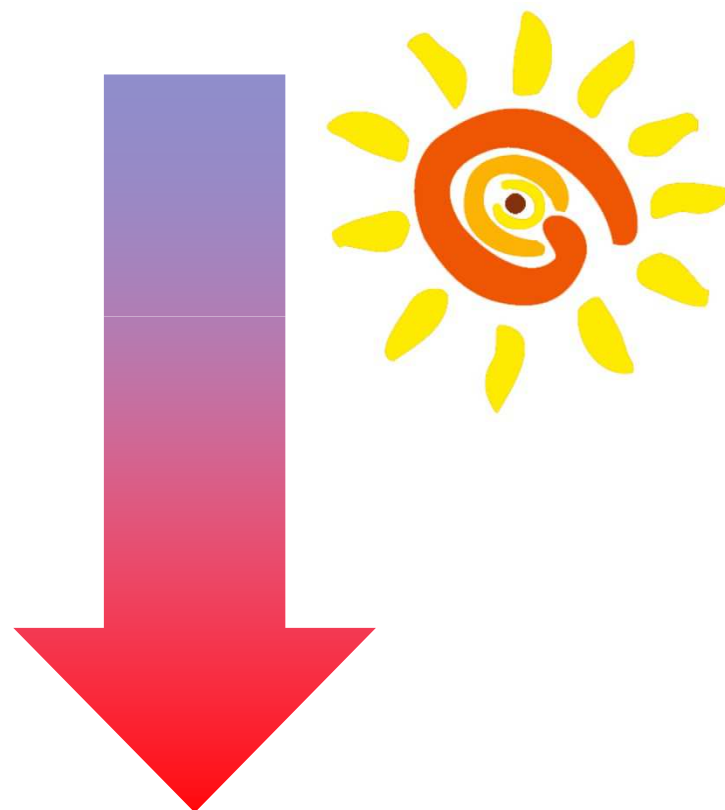
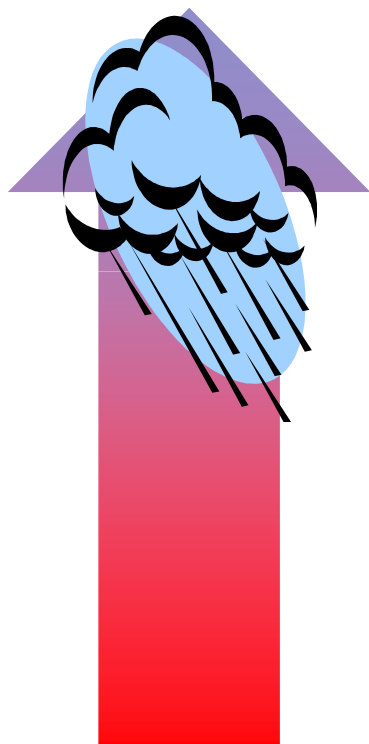
Cool air (holds less water)



Water  
condenses  
out as  
cloud/rain

Warm air (holds more water)

# Up and down



Low pressure High Pressure





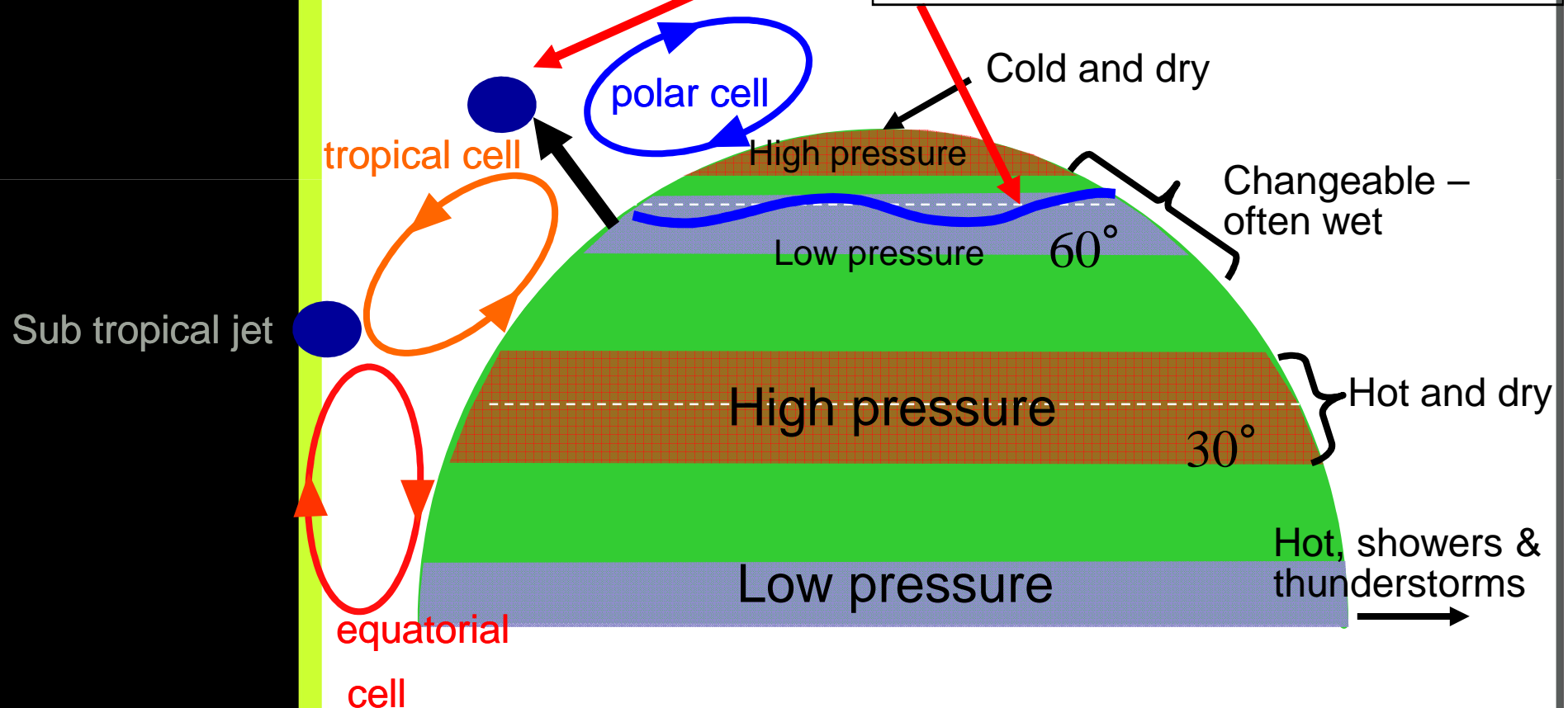
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# Climate zones

**Climate** - the average weather conditions of a particular part of the world

## Polar jet stream

cold air to north, warm air to south

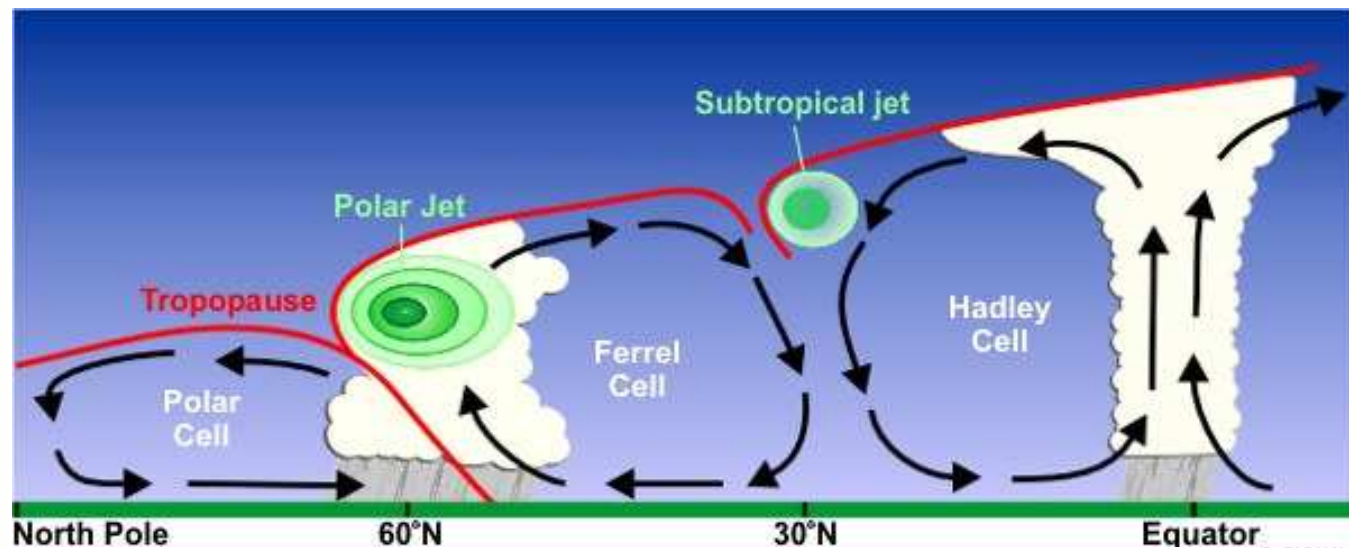




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# Polar jet stream

- Fast flowing, narrow, meandering air current high up, just below tropopause (usually around 30,000ft/~9,000m/~300mb) with variable speed, BUT not continuous
- 80 knots plus, occasionally over 200 knots
- Most intense in late autumn, winter and early spring across UK

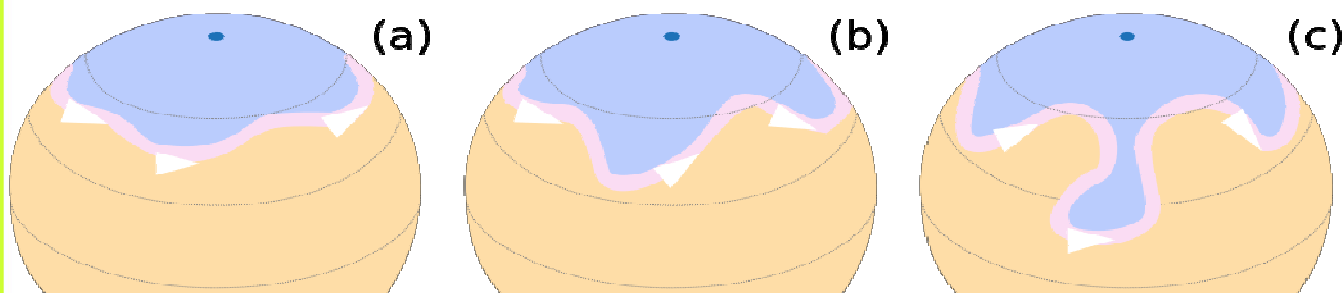




# Polar jet stream

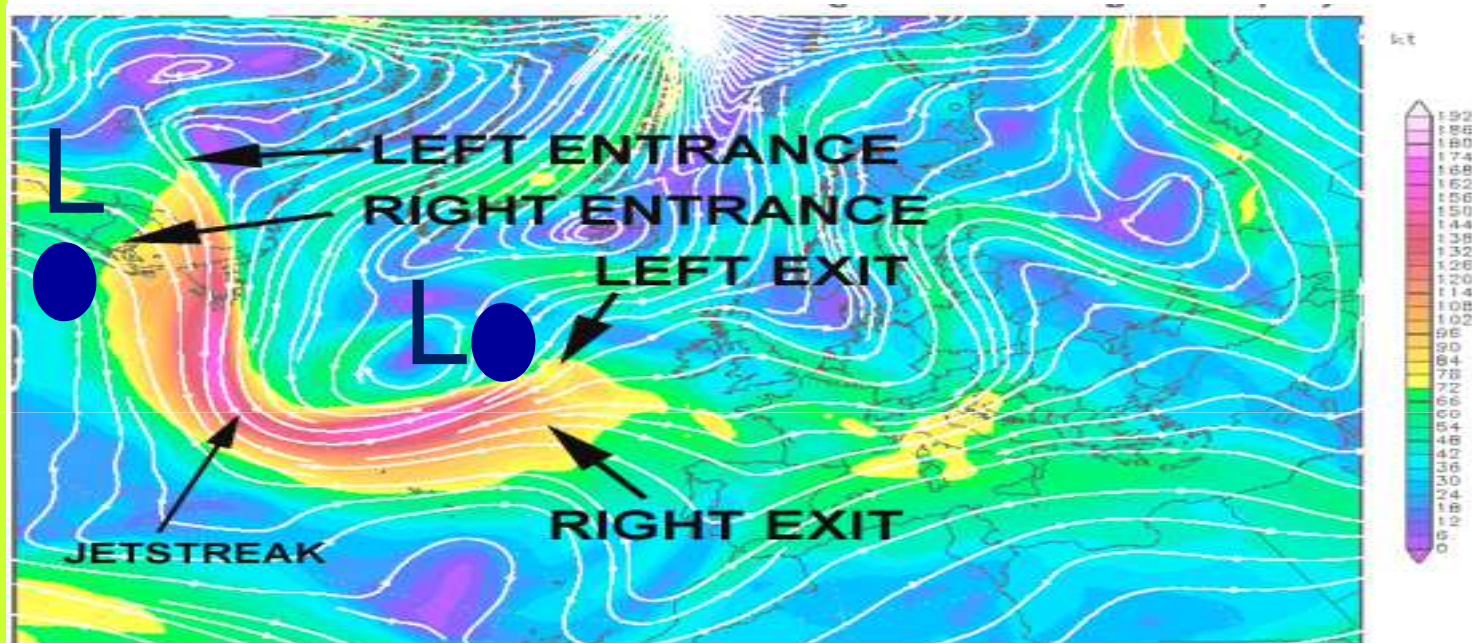


- Always moving and changing shape/speed – like a waving ribbon

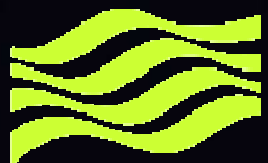


- Meanders (Rossby Waves) of polar jet stream developing (a), (b); then finally detaching a "drop" of cold air (c)

# Polar jet stream



- Instrumental in development of low and high pressure areas in high latitudes
- Iterative loop – jet stream forms low pressure → which in turn affects size, shape and speed of jet stream overhead → forms new pressure pattern etc



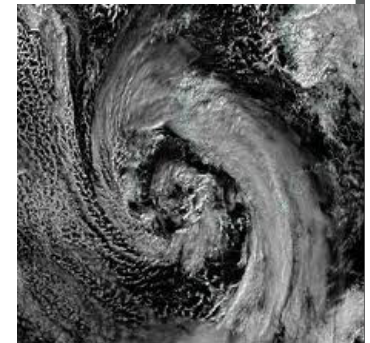
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# Airmasses

# Airmasses need to sit quietly for a long time over a large area to develop...under high pressure

- Airmasses are characterised by temperature and moisture content
- Cold areas lead to **cold** airmasses
- Warm areas lead to **warm** airmasses
- Over oceans leads to **moist** airmasses
- Development over land lead to **dry** airmasses
- What about our area (mid-latitudes)?
- Not suitable, too much movement ie low pressure areas



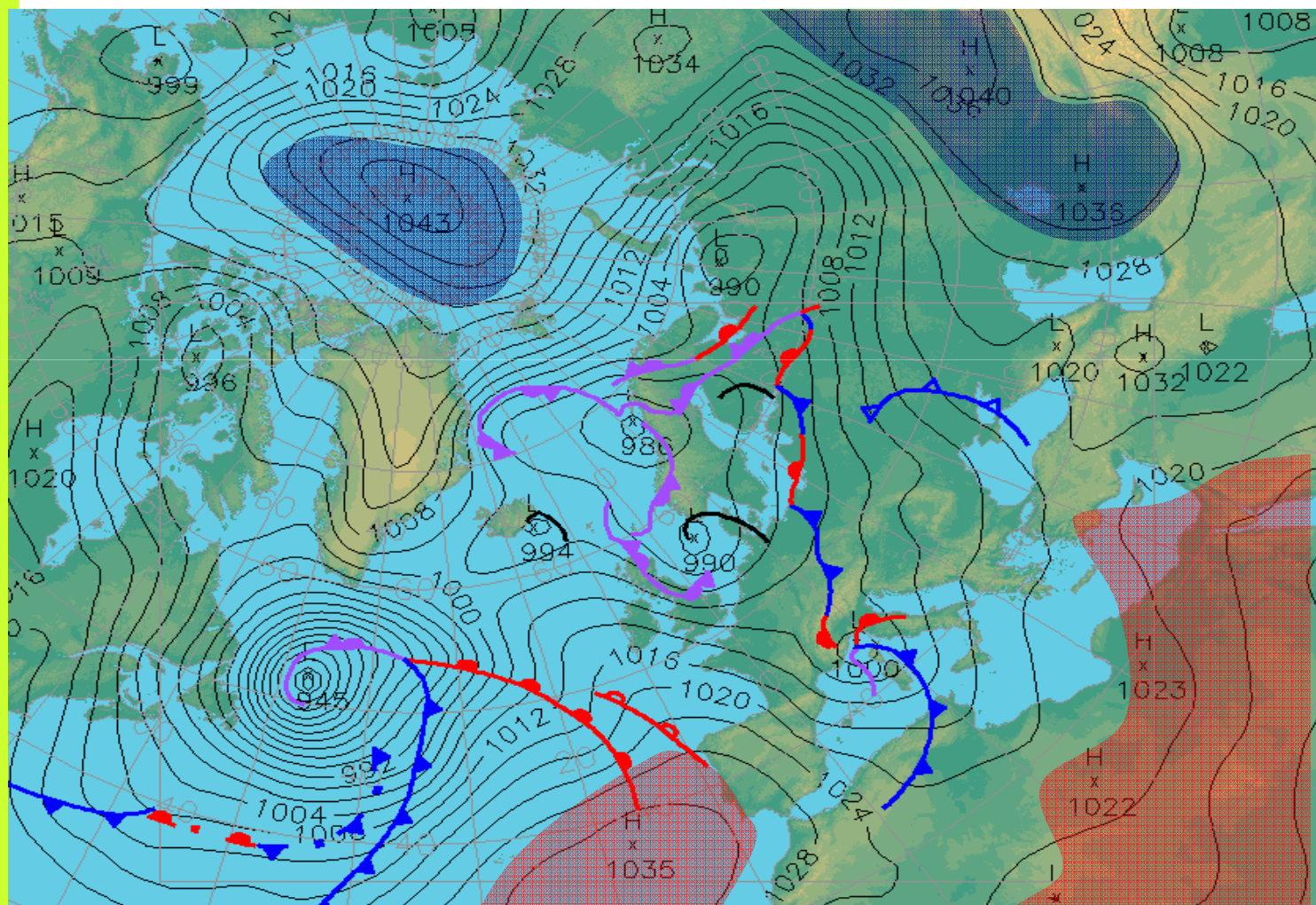
# Four types of source region

- Warm and moist - Tropical ocean
  - Known as Tropical maritime
- Warm and dry - Desert regions
  - Known as Tropical Continental
- Cold and moist – Arctic/Atlantic ocean
  - Known as Polar Maritime
- Cold and dry - Canada and Siberia
  - Known as Polar Continental



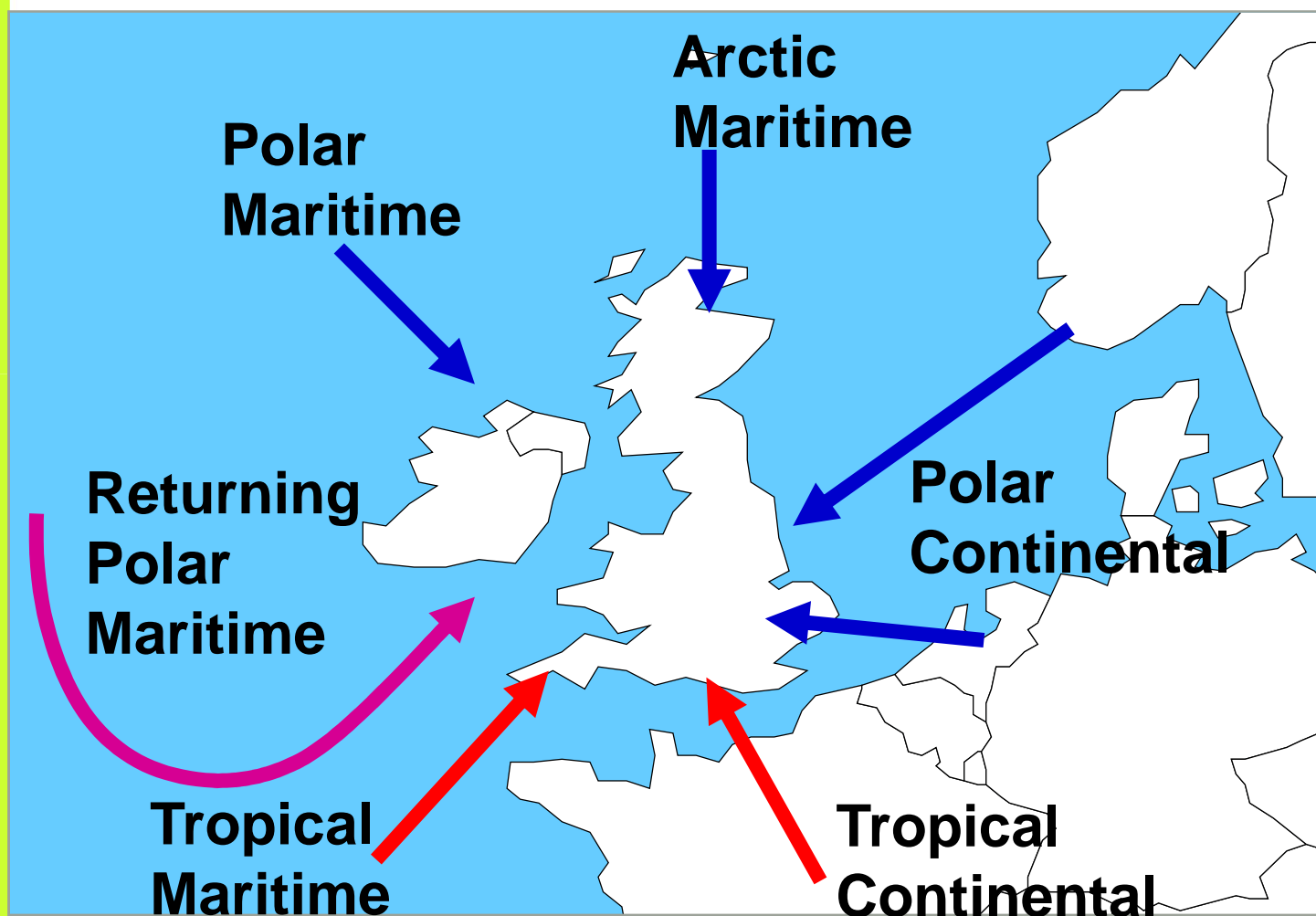


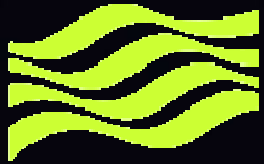
# Source regions





# British Isles Airmasses





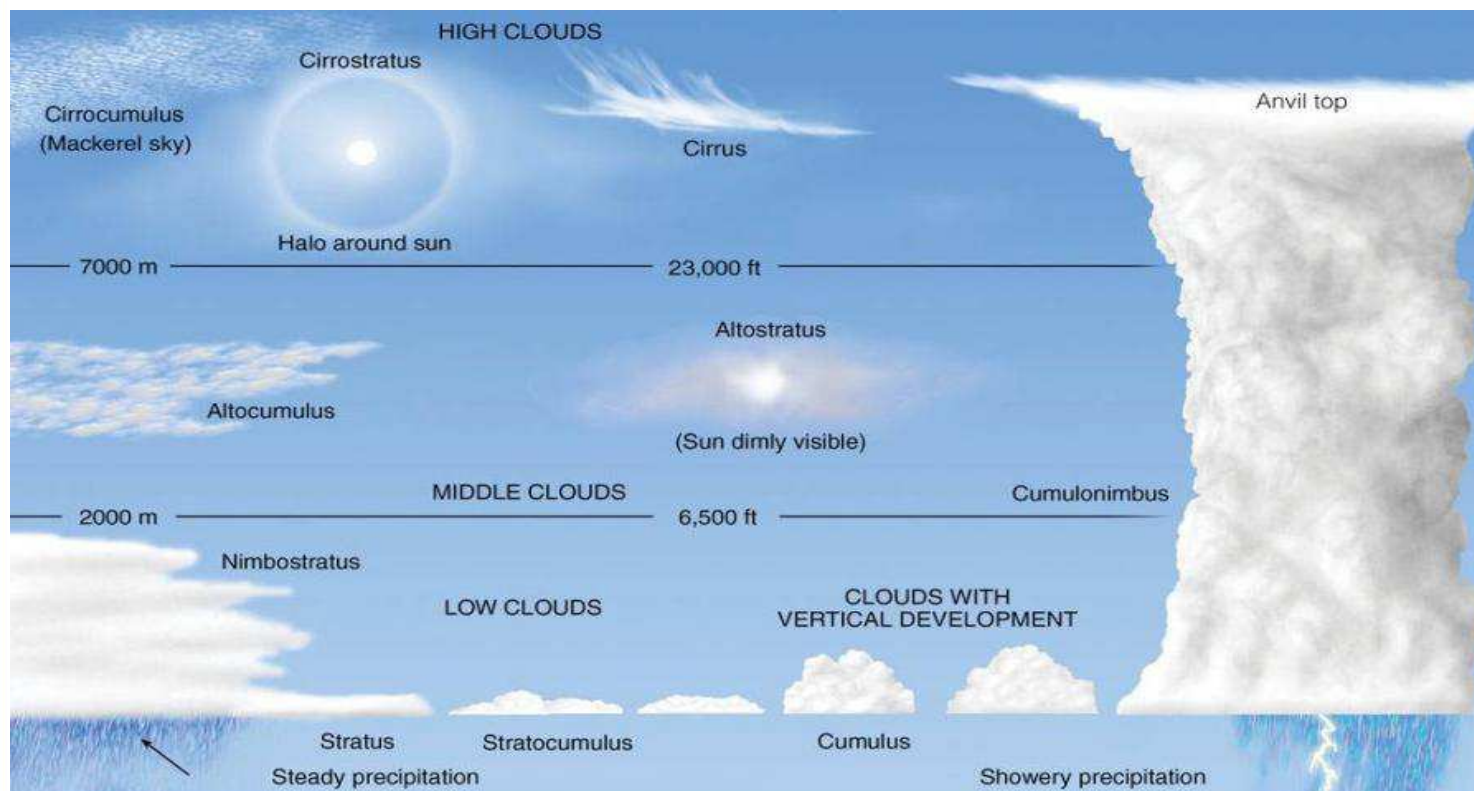
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# Clouds

# Clouds

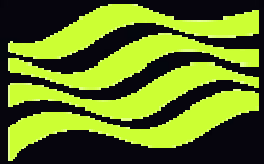
- What are they made of and what can they tell us about the weather?
- 10 basic types – split into 3 categories
- Categories are high, medium and low



# Low Clouds - Cumulonimbus

- Very high and large heaped cloud – water at bottom and ice at top
- Characteristic anvil shape to the top
- Most dangerous cloud for anyone who works or is active outdoors
- Source of heavy showers, thunderstorms, tornadoes/ waterspouts, hail, squall lines and very gusty winds





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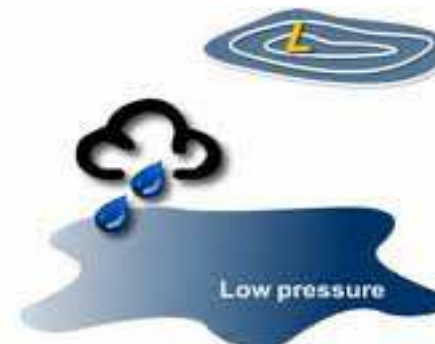
# Clouds and low pressure systems

# Difference between high and low pressure areas

- Air descending down through the atmosphere usually results in dry, settled conditions over the Earth's surface

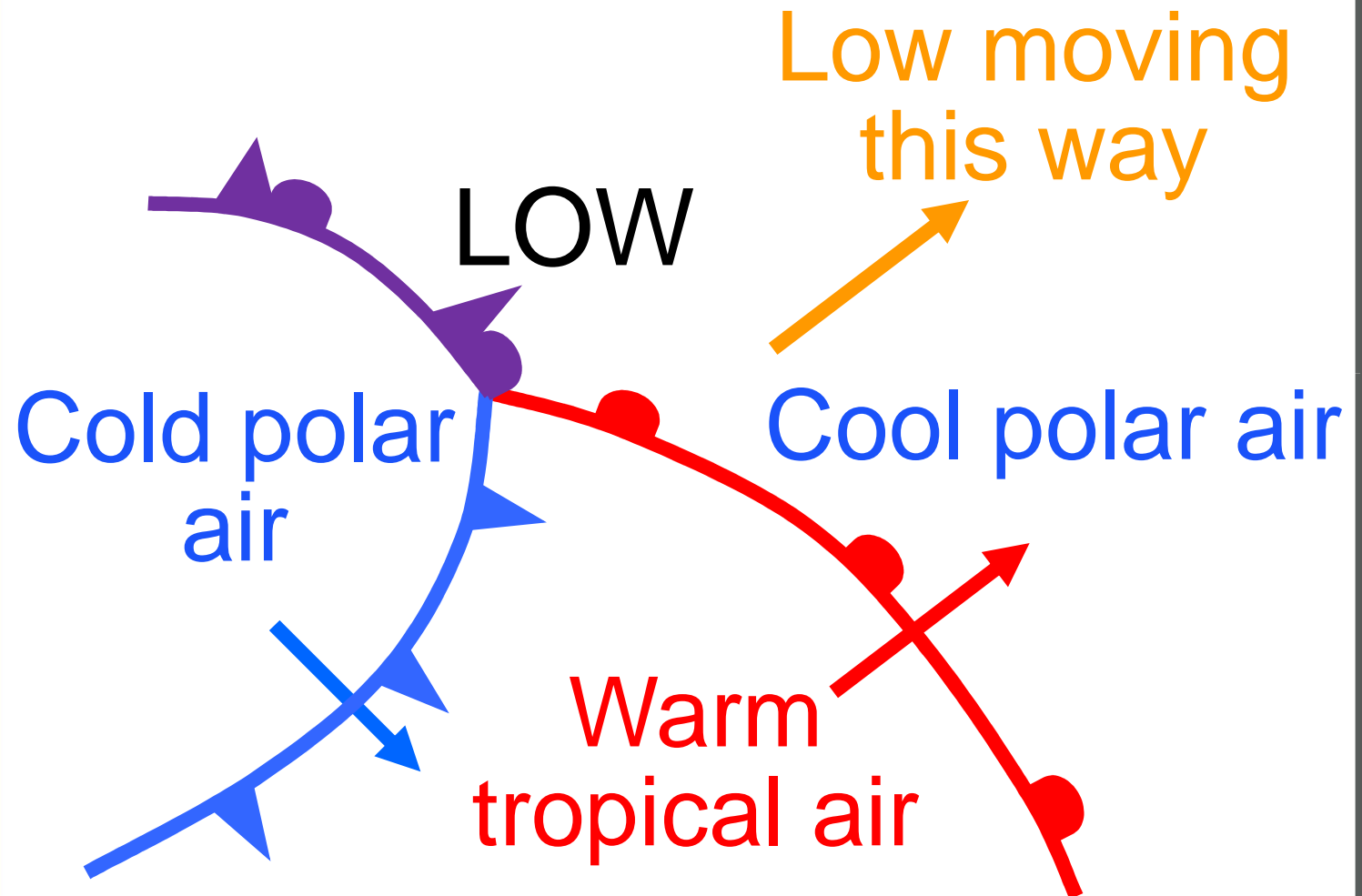


- Air rising upwards through the atmosphere leads to disturbed weather, bringing rain

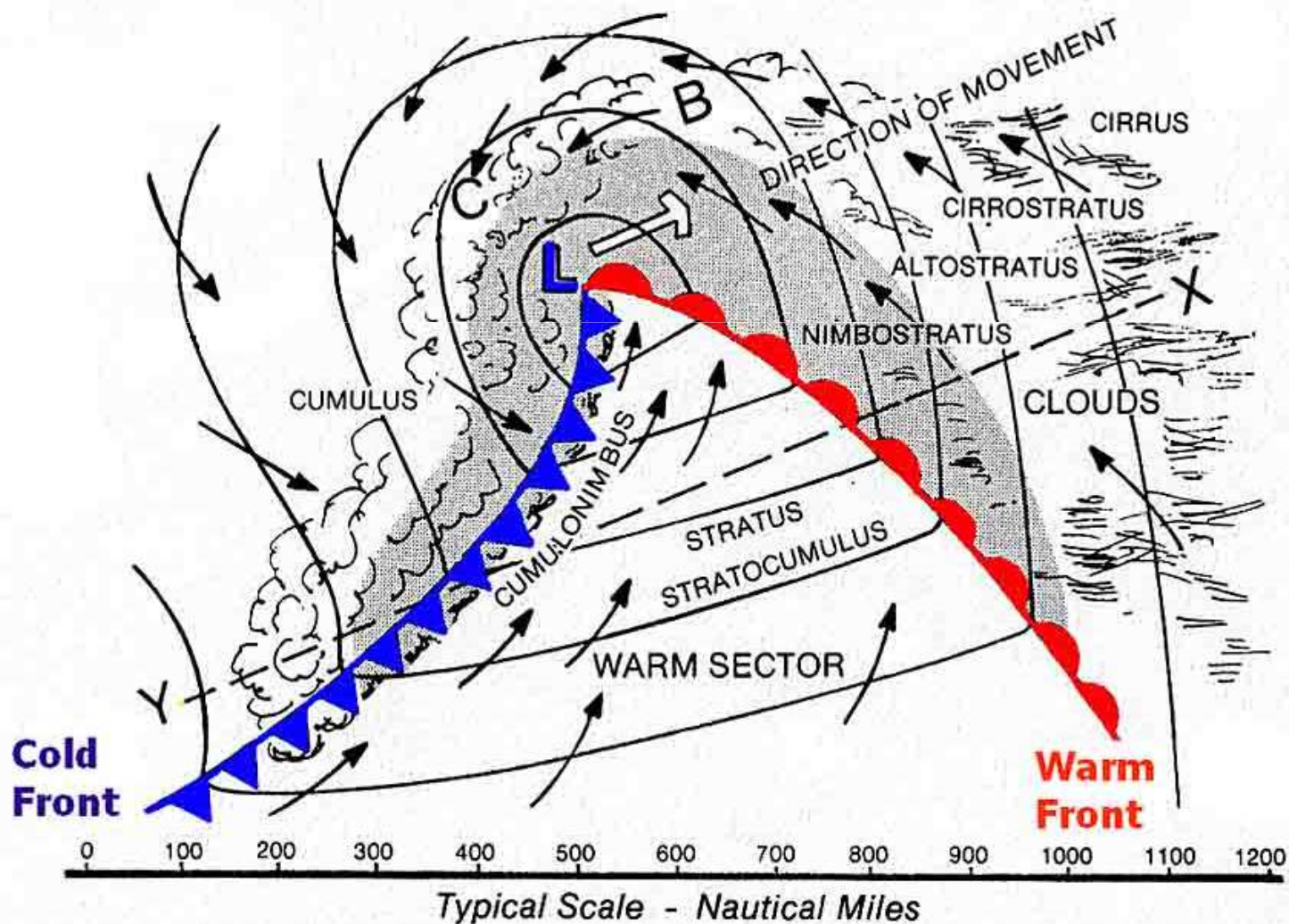




Which way is the low pressure  
and its fronts moving?

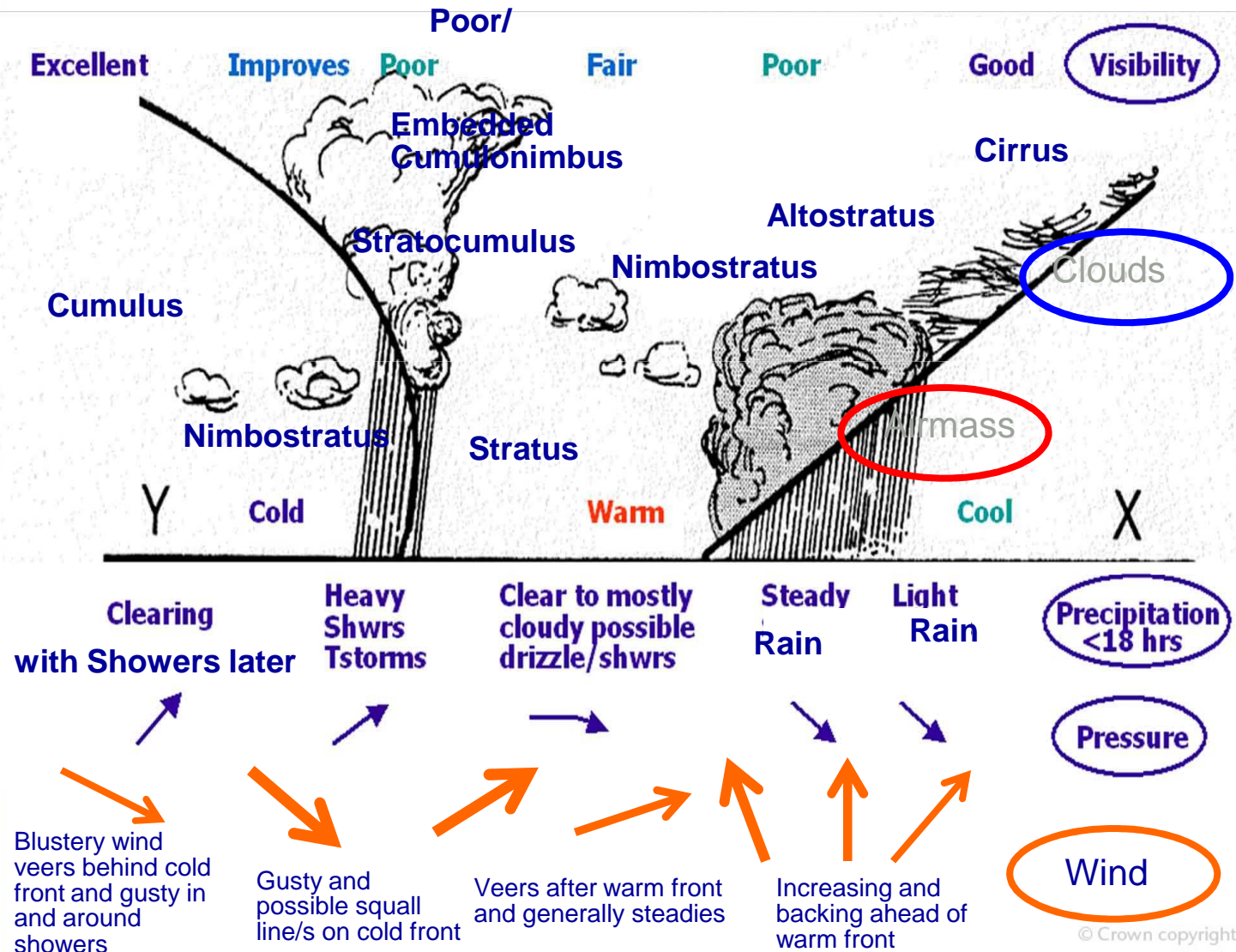


And the clouds around the low pressure and with its fronts?

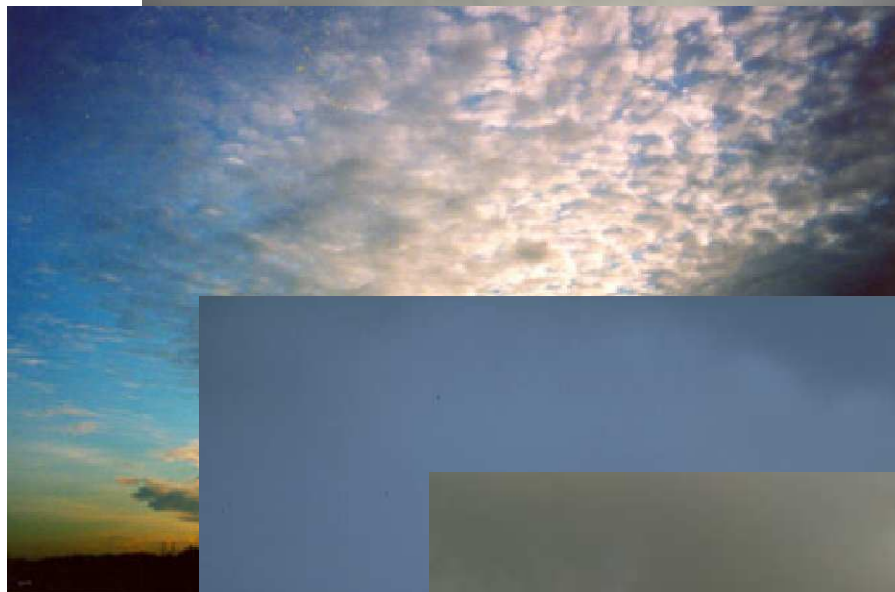


# What clouds and weather on a low pressure area?

Direction of movement →



“Ring around the  
moon ... rain soon”



“Mackerel  
skies and  
mares’ tails  
make tall  
ships carry  
low sails”



# Warm front approaching

Marine observations ▼

Latest

Map

Last 24 hours -  
Text

Last 24 hours -  
Graphical



Mount Batten - Last 24 hours

Change Location ... ▼

Thu 6 Feb

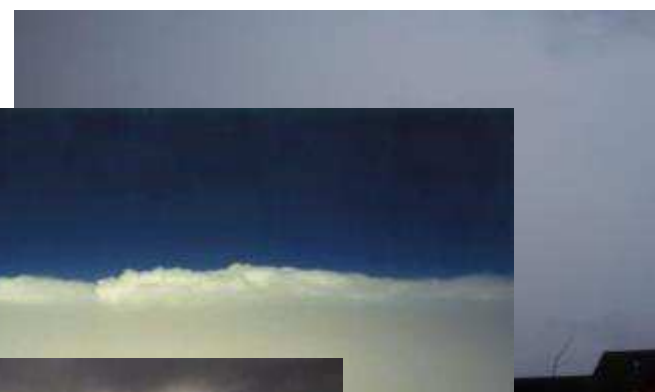
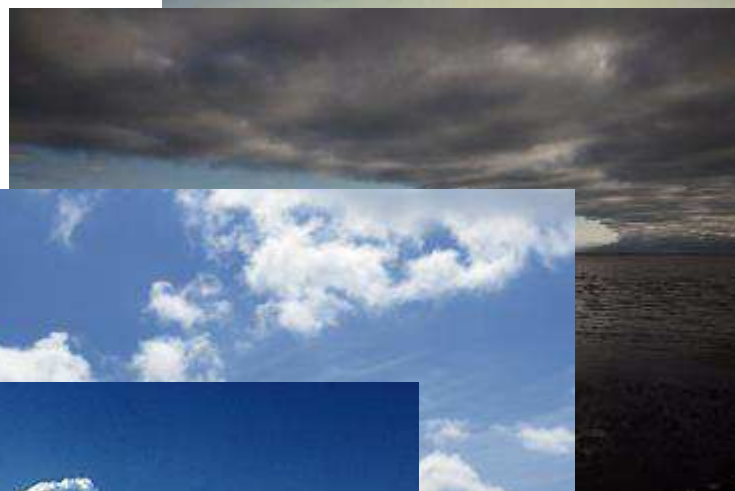
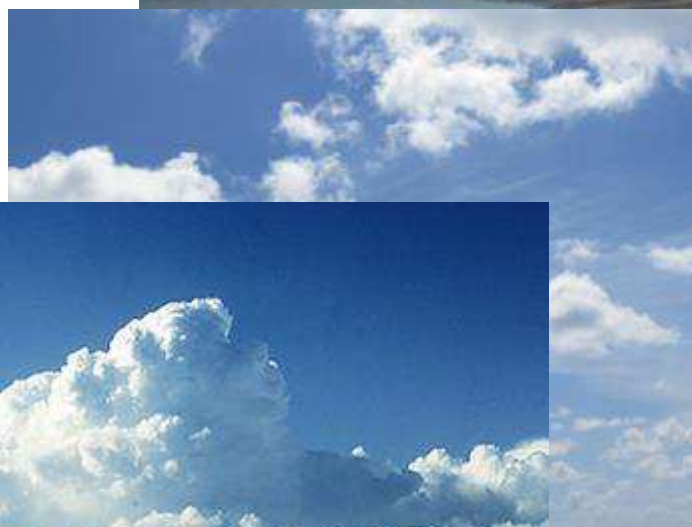
Fri 7 Feb

[Download past 24 hours observations](#)

Time	Weather	Wind speed & direction (knots)	Visibility (n.miles)	Humidity (%)	Pressure (hPa)	Air Temp. (°C)	Sea Temp. (°C)	Dew Pt. Temp. (°C)	Wave Height (metres)	Wave Period (seconds)
1100 UTC		14	12	69	998	9	NO DATA	3	N/A	N/A
1200 UTC		16	12	69	998	9	NO DATA	4	N/A	N/A
1300 UTC		18	16	66	997	9	NO DATA	3	N/A	N/A
1400 UTC		17	3	80	997	8	NO DATA	5	N/A	N/A
1500 UTC		22	14	82	996	7	NO DATA	4	N/A	N/A
1600 UTC		20	8	85	994	8	NO DATA	6	N/A	N/A
1700 UTC		24	9	81	993	8	NO DATA	5	N/A	N/A
1800 UTC		25	7	85	992	8	NO DATA	5	N/A	N/A




## Cold front passing overhead



























# Post cold front...

 Shoeburyness - Last 24 hours Change Location ...

Thu 20 Feb **Fri 21 Feb** [Download past 24 hours observations](#)

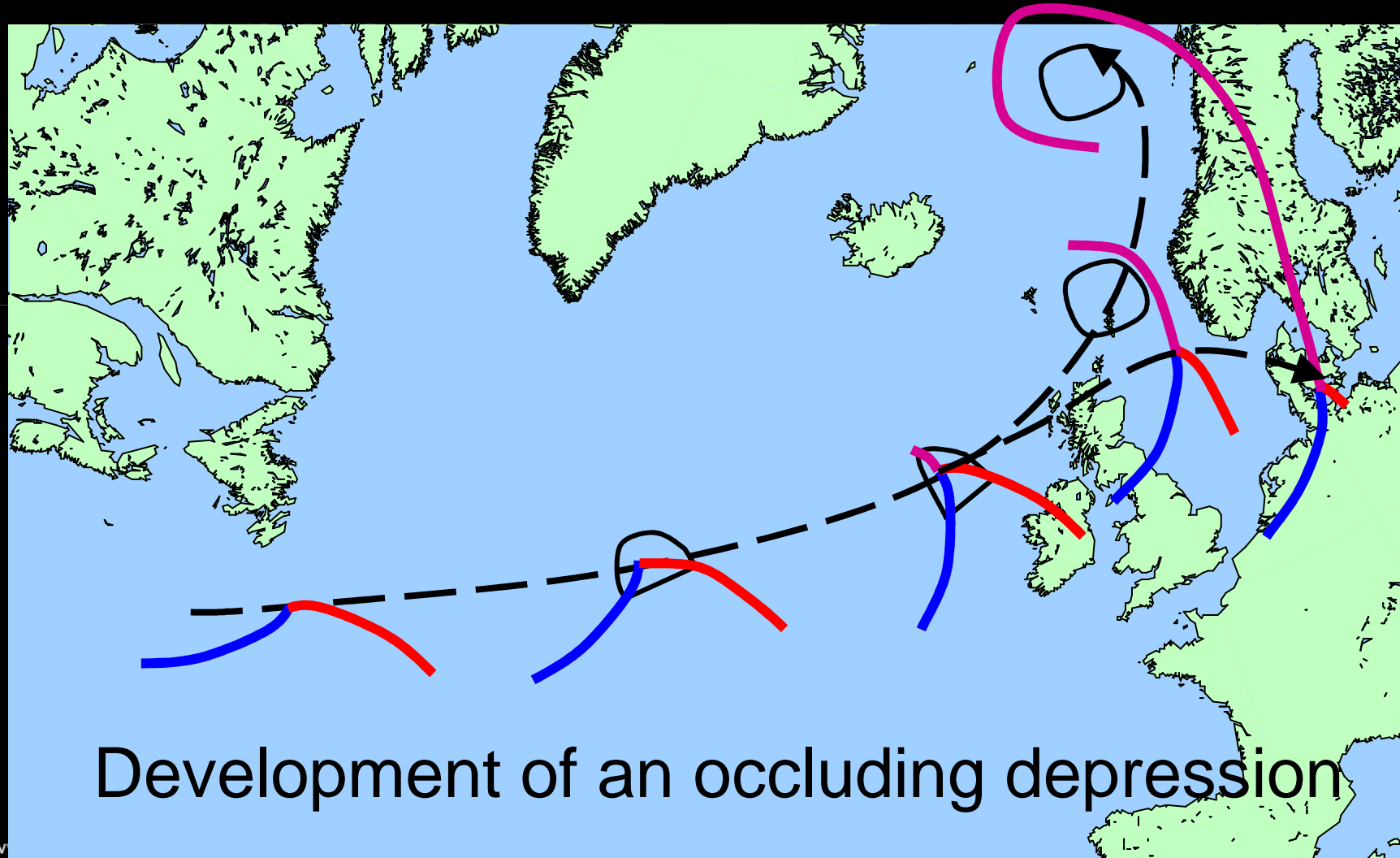
Time	Weather	Wind speed & direction (knots)	Visibility (n.miles)	Humidity (%)	Pressure (hPa)	Air Temp. (°C)	Sea Temp. (°C)	Dew Pt. Temp. (°C)	Wave Height (metres)	Wave Period (seconds)
0000 UTC		8 	9	83	1001	7	NO DATA	4	N/A	N/A
0100 UTC		7 	11	81	1001	7	NO DATA	4	N/A	N/A
0200 UTC		6 	12	83	1001	6	NO DATA	3	N/A	N/A
0300 UTC		6 	15	85	1001	6	NO DATA	3	N/A	N/A
0400 UTC		7 	22	84	1002	6	NO DATA	3	N/A	N/A
0500 UTC		8 	19	85	1002	5	NO DATA	3	N/A	N/A
0600 UTC		8 	22	84	1002	5	NO DATA	2	N/A	N/A
0700 UTC		9 	22	84	1003	4	NO DATA	2	N/A	N/A
0800 UTC		8 	22	80	1004	5	NO DATA	2	N/A	N/A
0900 UTC		10 	15	78	1004	6	NO DATA	2	N/A	N/A
1000 UTC		11 	19	73	1005	7	NO DATA	2	N/A	N/A



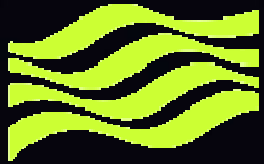


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# Life cycle of a weather system

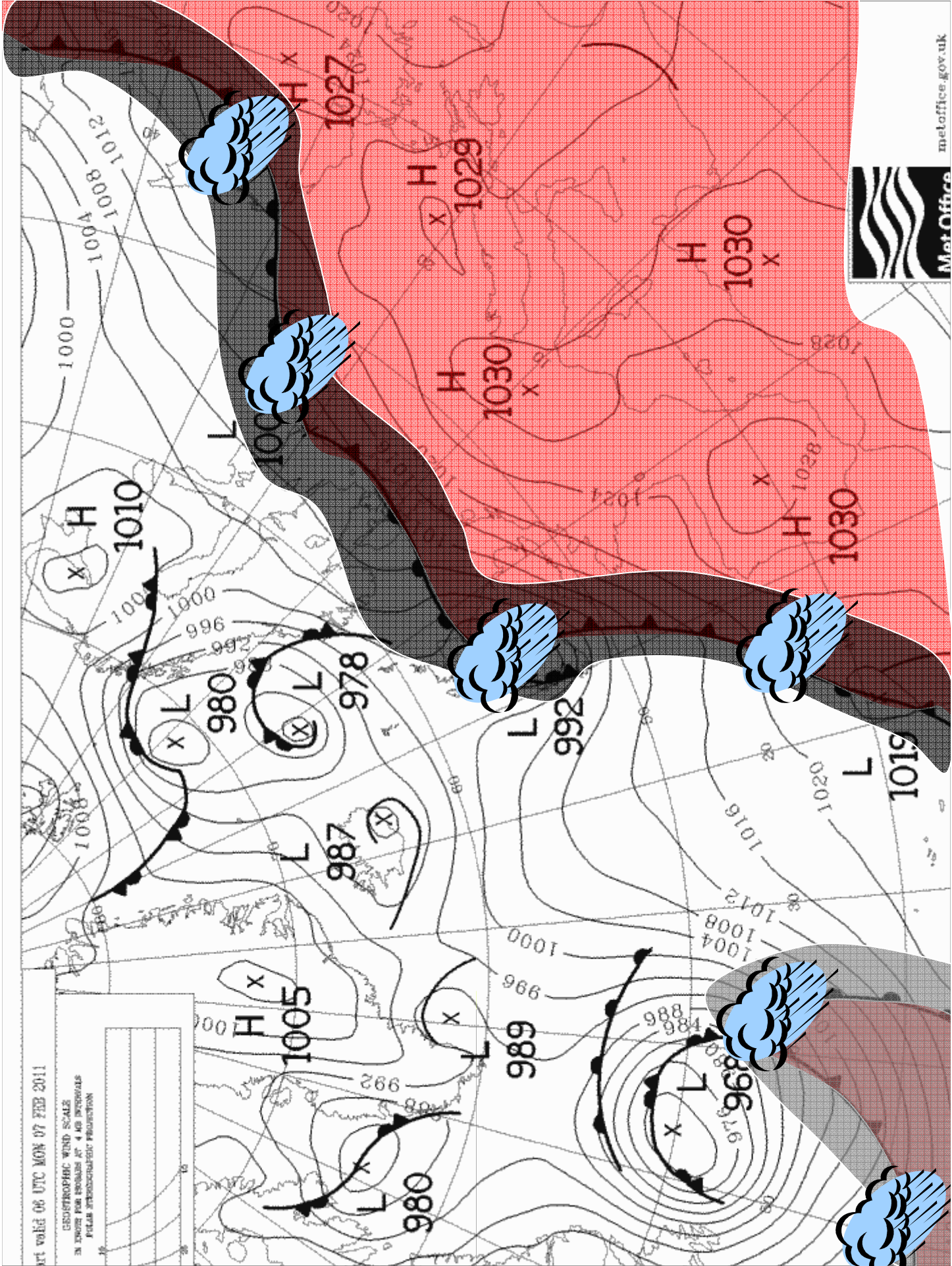


Development of an occluding depression



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# Analysis and forecast interpretation



Art valid 06 UTC MON 07 FEB 2011

GEOSTROPHIC WIND SCALE

IN KNOTS FOR ISOBARS AT 4 MB INTERVALS

FOR ALL OTHER ISOBARS

FOR ALL OTHER ISOBARS

FOR ALL OTHER ISOBARS

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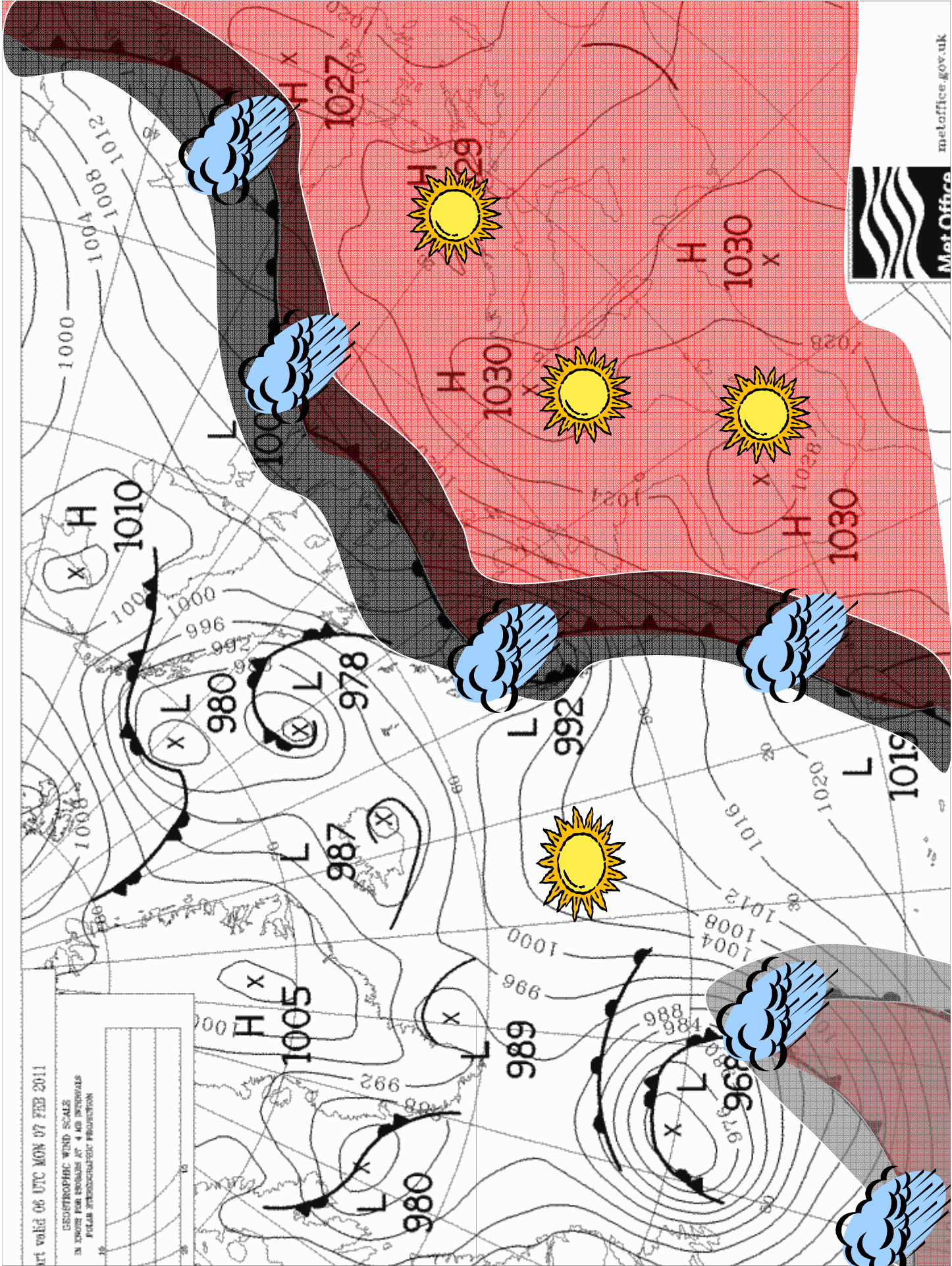
FOR ALL OTHER ISOBARS

FOR ALL OTHER ISOBARS



metoffice.gov.uk







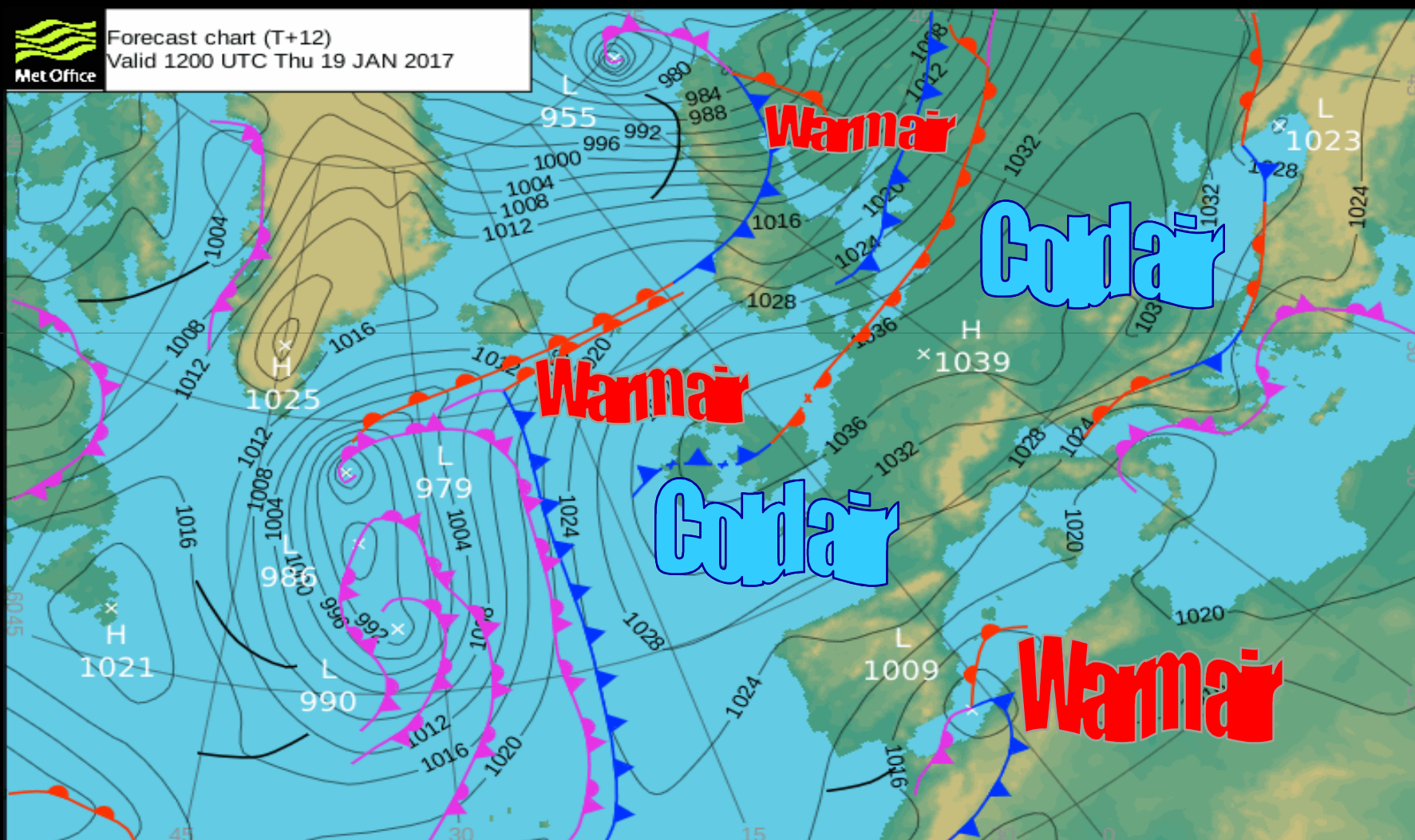


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# TODAY!



Forecast chart (T+12)  
Valid 1200 UTC Thu 19 JAN 2017



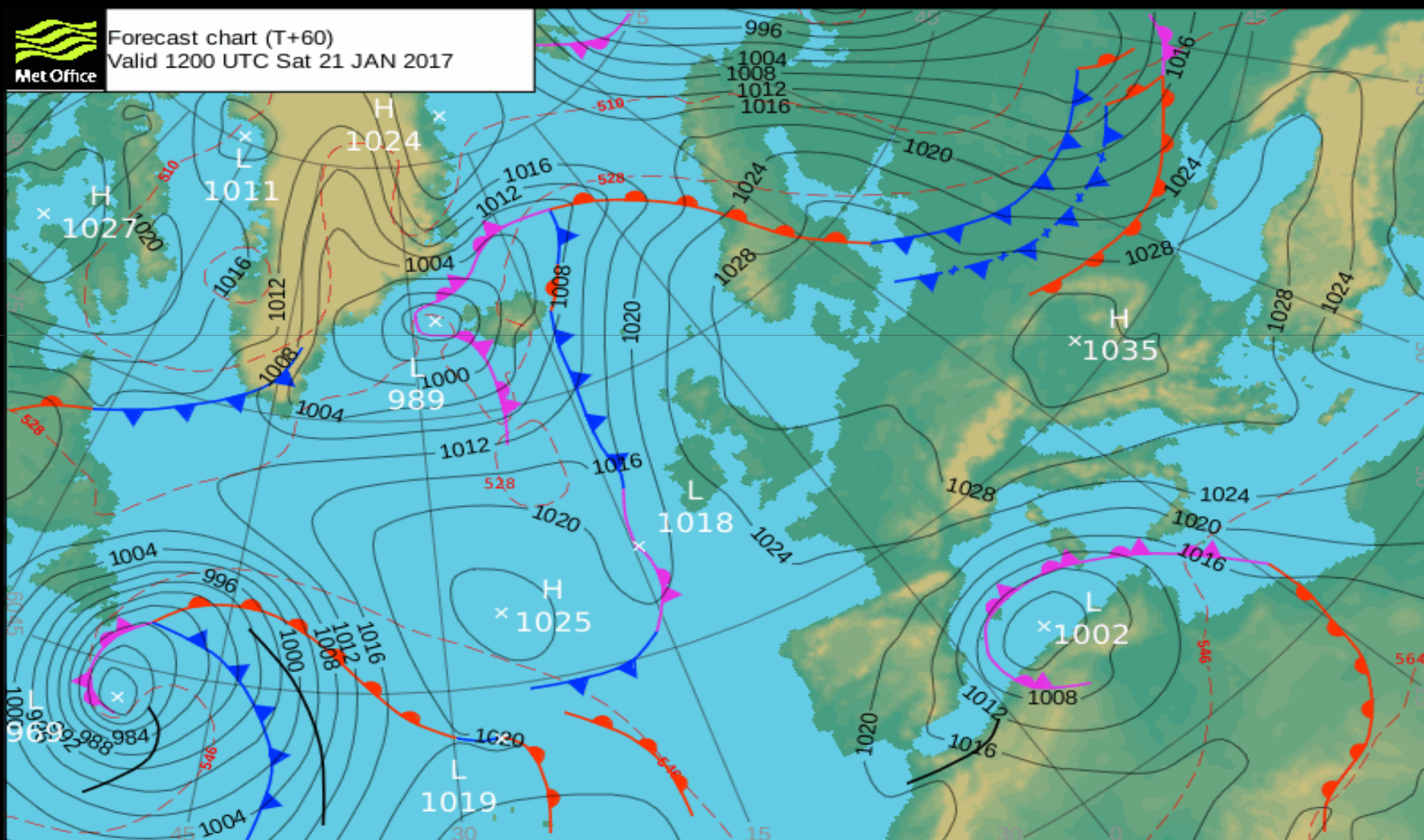


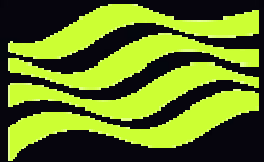
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# SATURDAY



Forecast chart (T+60)  
Valid 1200 UTC Sat 21 JAN 2017





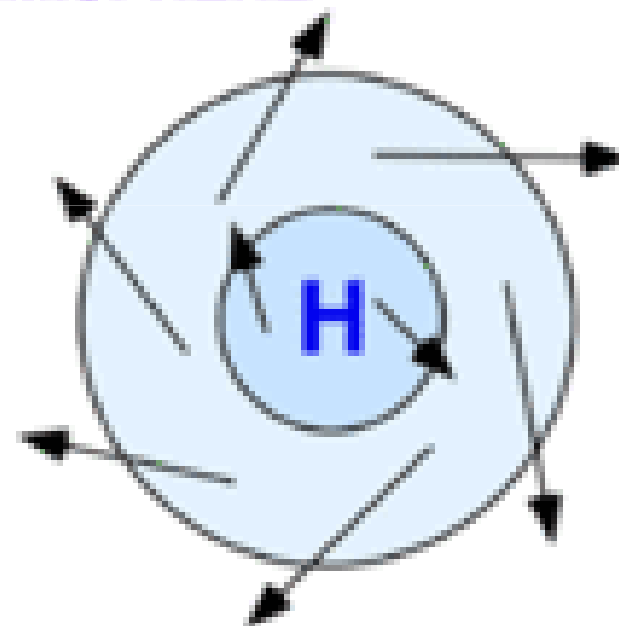
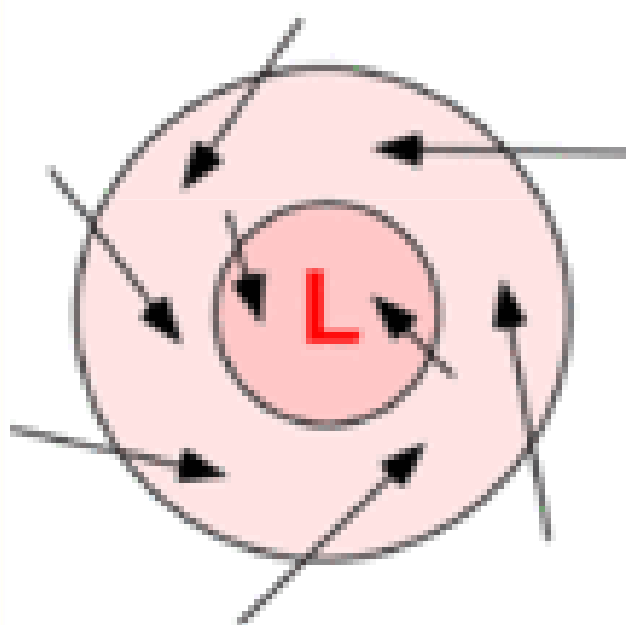
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# Winds and weather

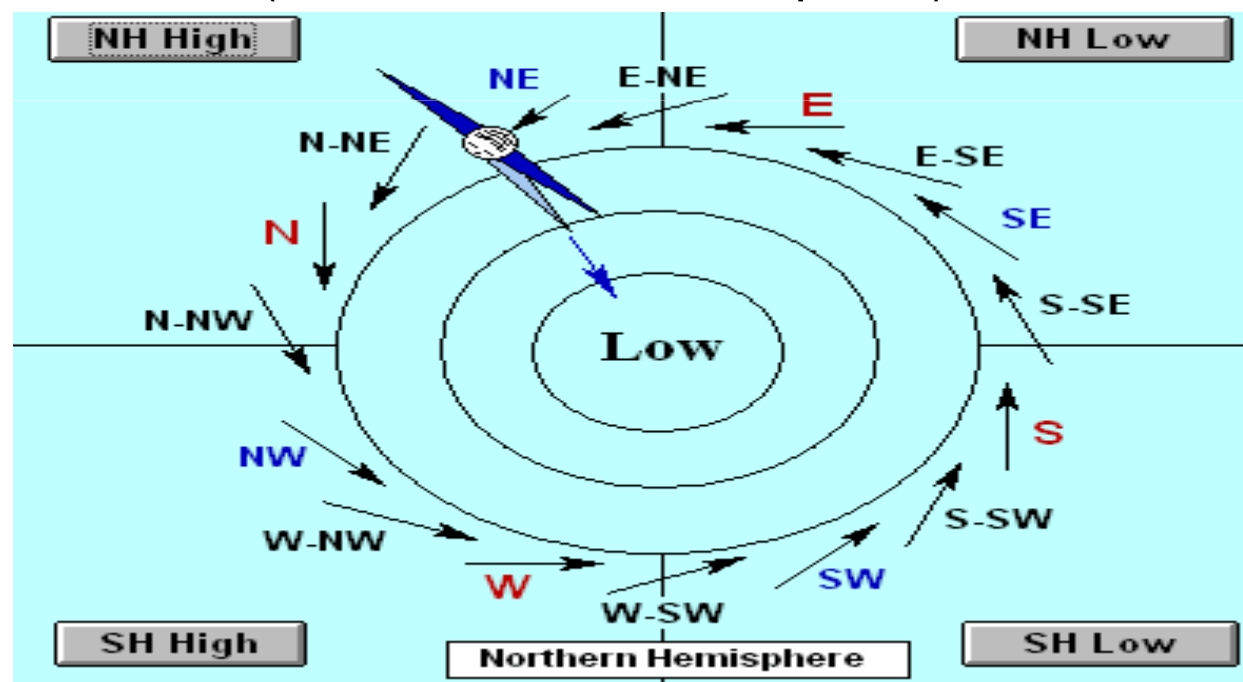
# Which way do the winds blow?

## NORTHERN HEMISPHERE



# Winds around low pressure

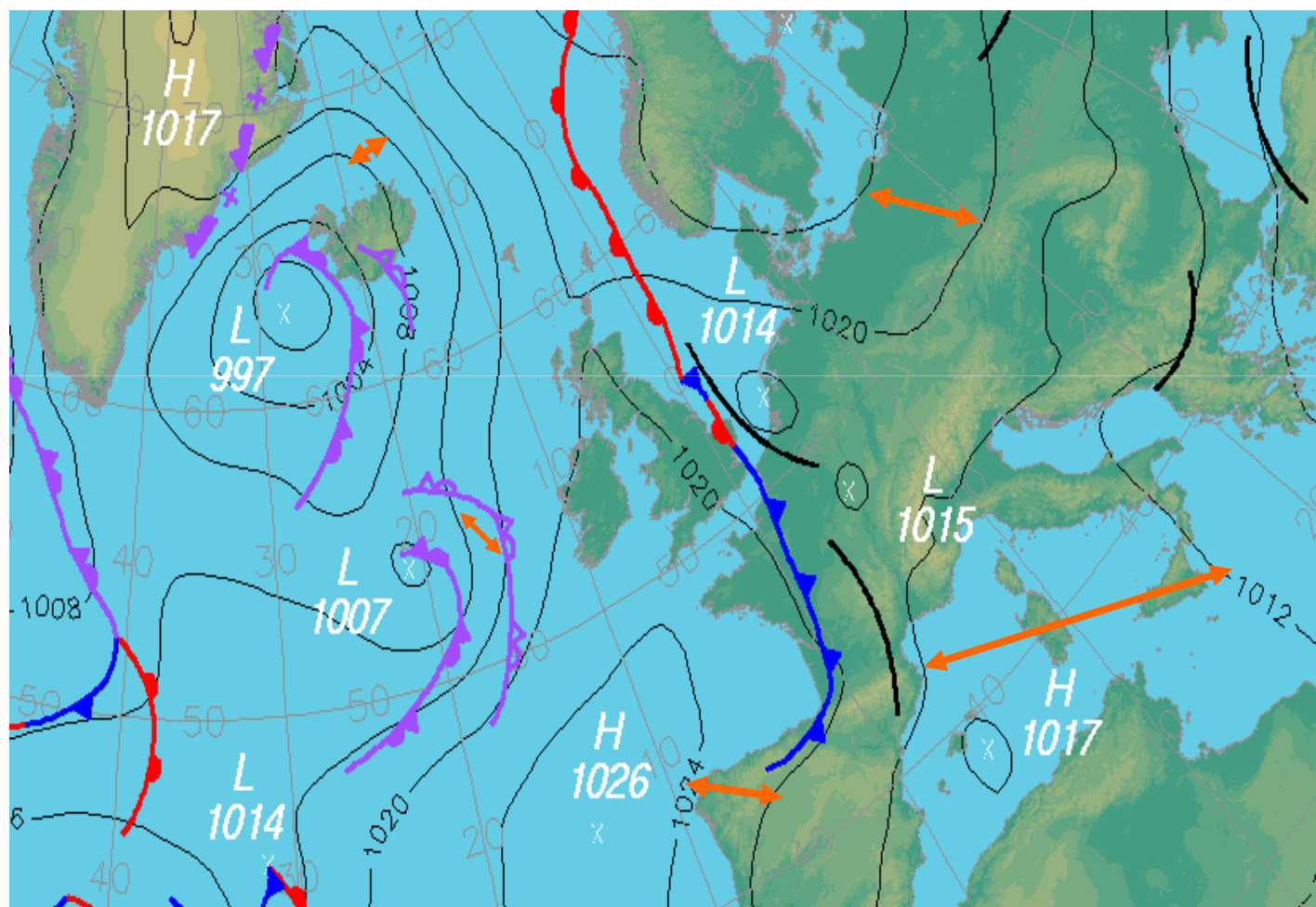
- Buys-Ballot law – when you are standing with your back to the wind the area of low pressure is on your left (in the Northern Hemisphere)
- Around a low pressure area winds go in an anti-clockwise direction (in the Northern Hemisphere)



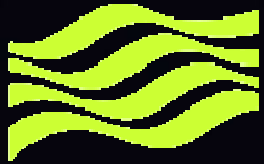
- Opposite around an area of high pressure!



# Wind speed



Wind speed - closer the isobars the stronger the wind



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# Barometric pressure and winds

# Beaufort Scale and its meaning

- Force 4      seen as limit of safety for many sailing boats and motor boats
- Force 6      known as the 'yachtsman's gale'
- Force 8      usually when the wind starts to become a hazard for commercial shipping



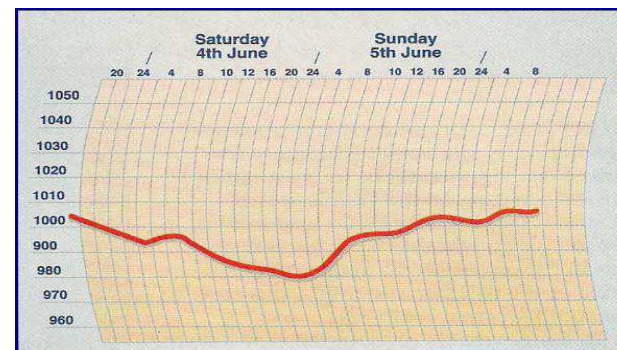
**BEAUFORT FORCE 4**  
WIND SPEED: 11-16 KNOTS

SEA: WAVE HEIGHT 1-1.5M (3.5-5FT), SMALL WAVES BECOMING LONGER, FAIRLY FREQUENT WHITE HORSES



# Changes in barometric pressure

## Fall or rise



8mb in 3 hours

almost certainly a Force 8 will follow

5mb in 3 hours

almost certainly a Force 6 will follow if Force 3 or less when you see this – you have about 4 to 8 hours notice

Not the time to be caught on a 'lee' shore – e.g. a southerly on the south coast!

1 or few mb erratic

indicative of squall lines, sudden change strong gusts or lulls with dark thunderclouds



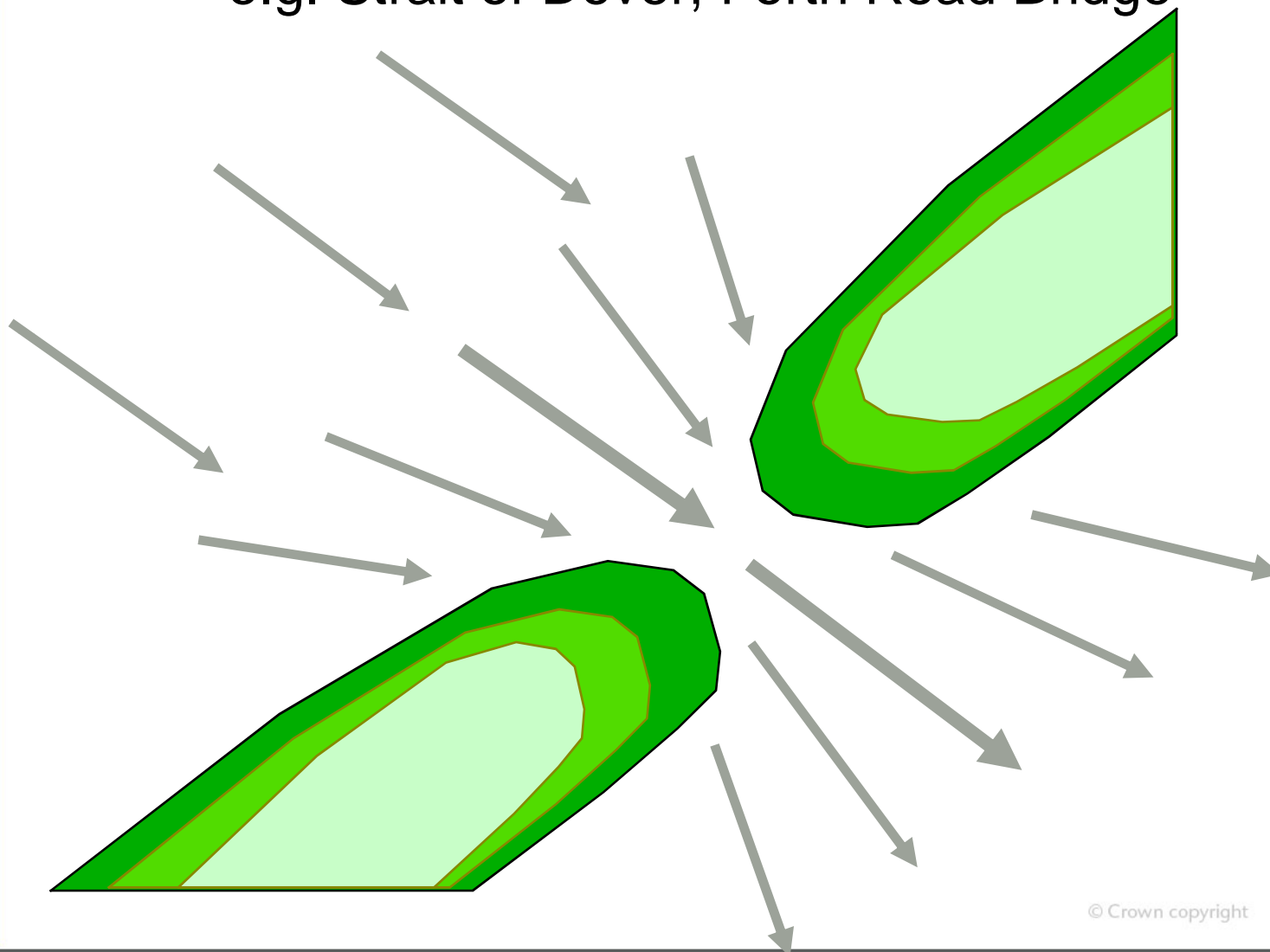
# Coastal winds





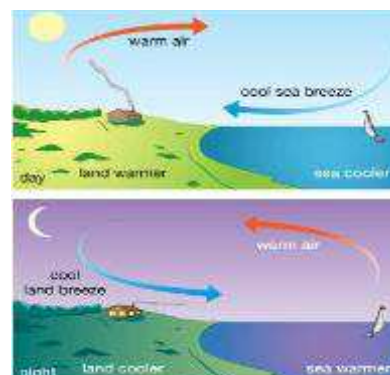
# Wind - Channelling

Gaps in barrier strengthen wind flow  
e.g. Strait of Dover, Forth Road Bridge



# Coastal winds – Sea and land breezes

- Usually late spring, summer or early autumn
- Usually under high(ish) pressure
- Usually need bright/sunny spells to warm up land
- Land temperature at least 3 or 4 degrees Celsius higher than coastal sea temperature
- Stronger sea breeze when wind blowing off land in first place
- Land breeze at night

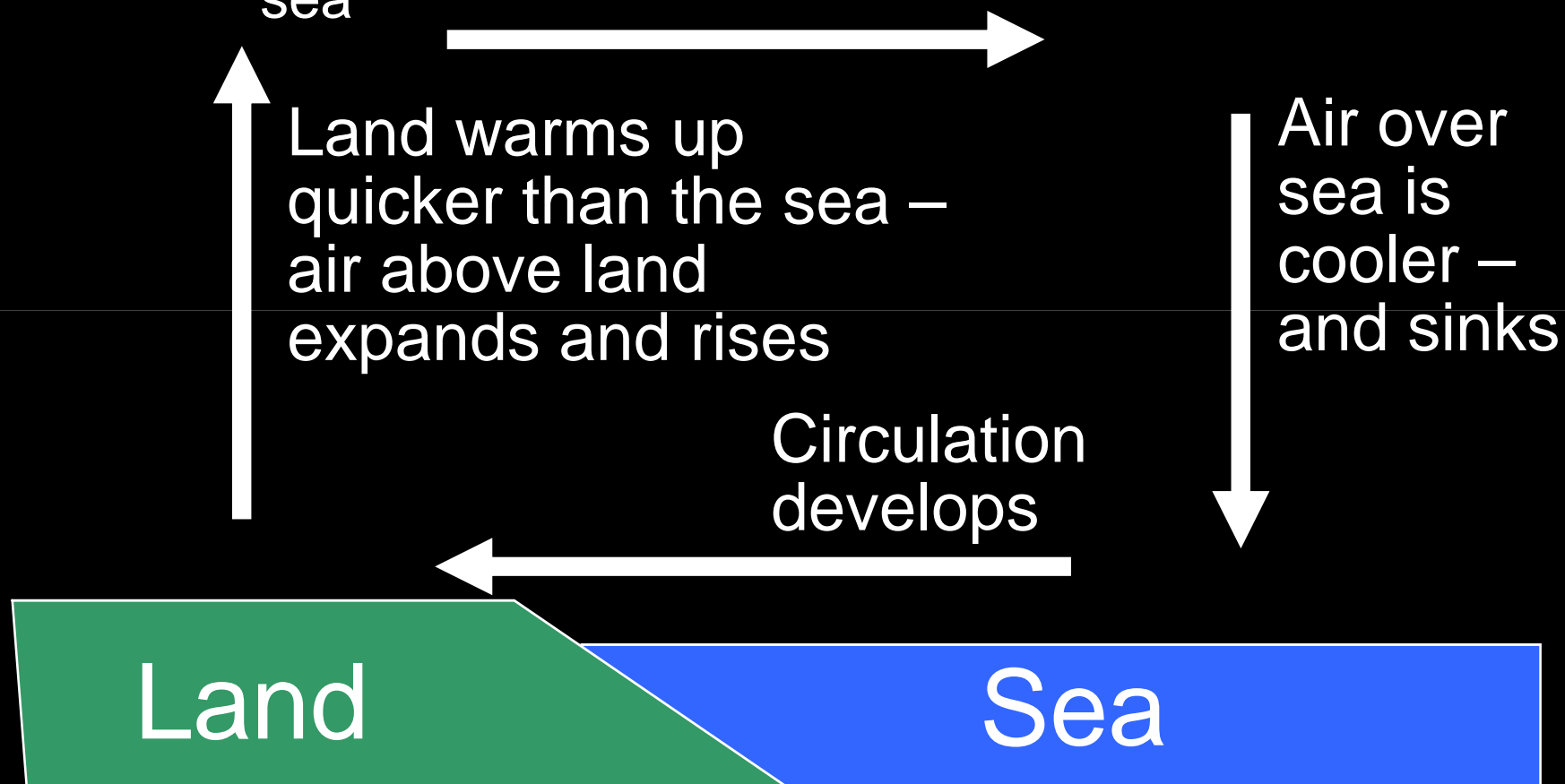




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# Sea breezes - A simple view

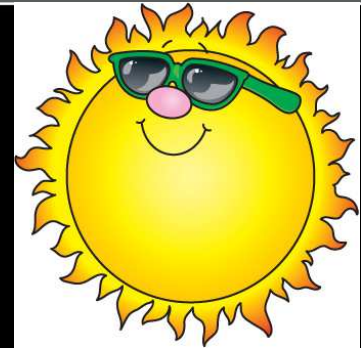
Strongest when gradient wind blowing off land towards sea



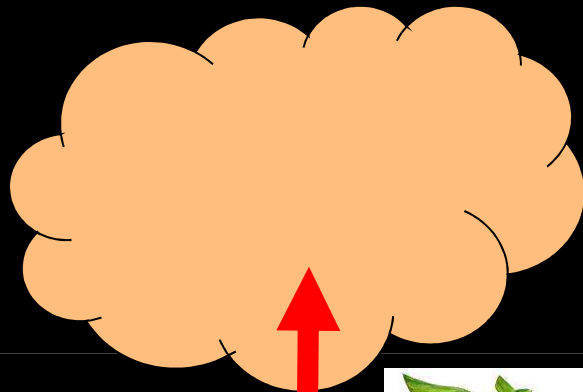


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# Sea breeze effects



Coasts are usually sunnier than inland!



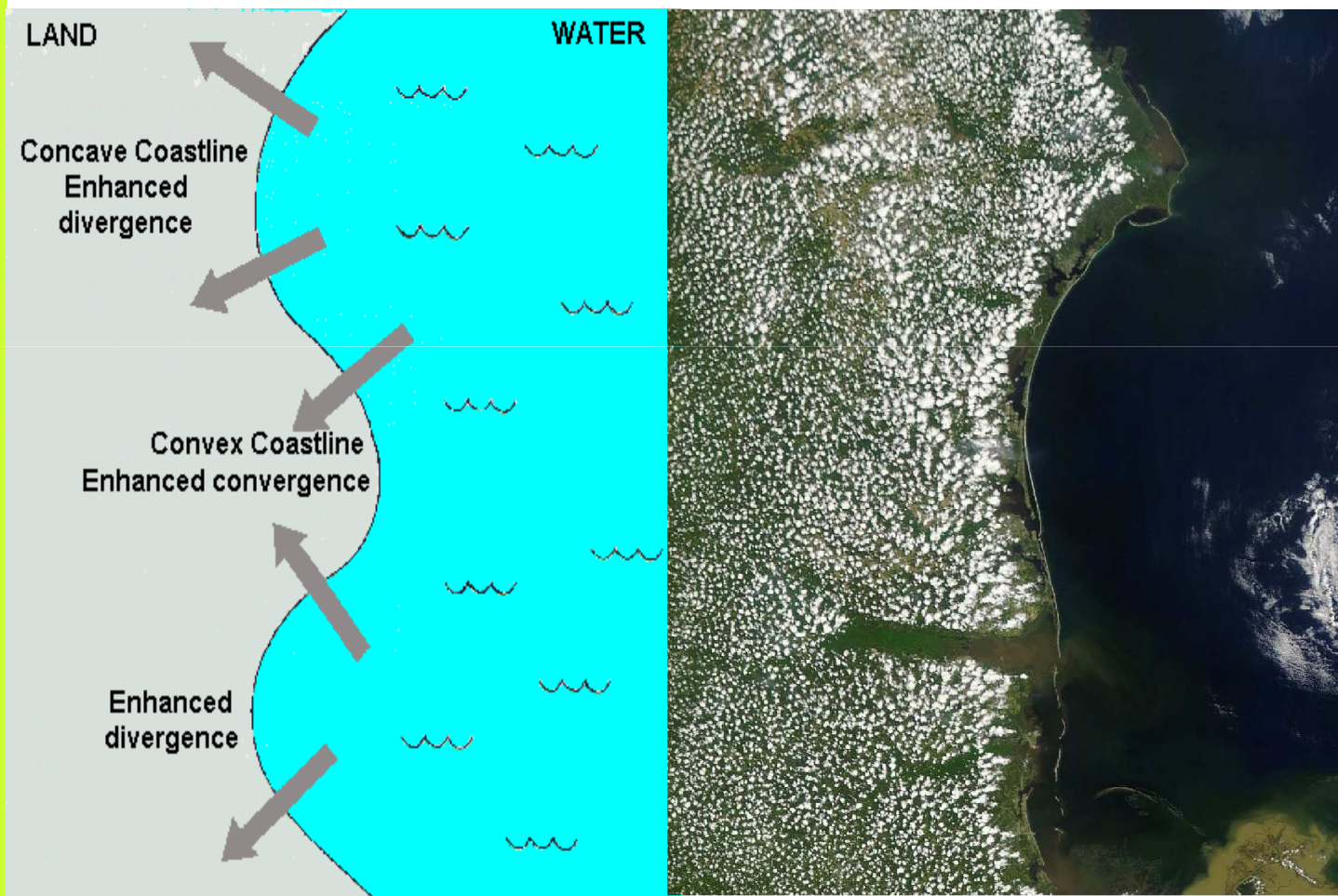
The Sea Breeze

Inland

West coast of Scotland

# Coasts - Sea breezes

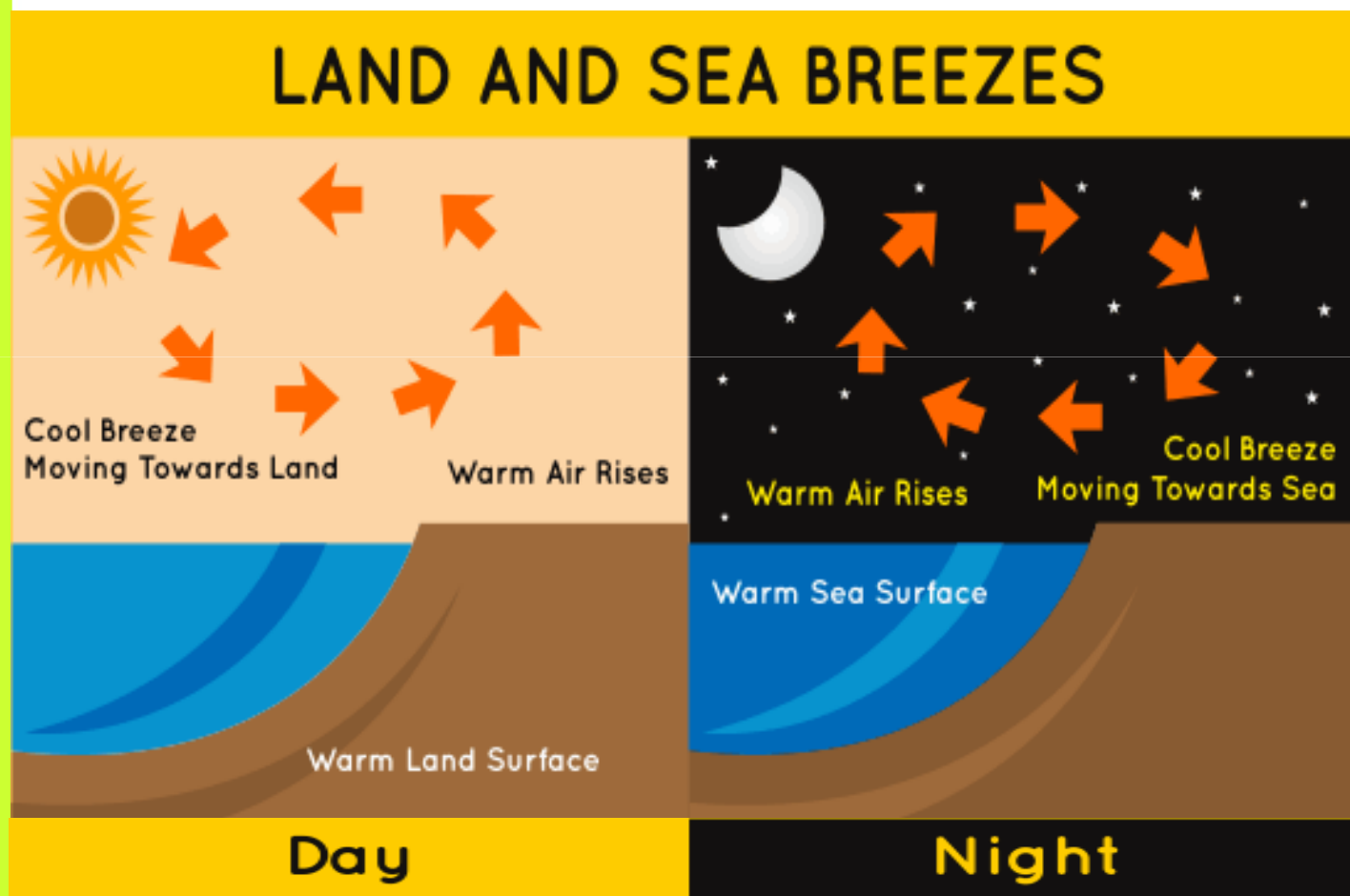
## Coastline affects sea breeze





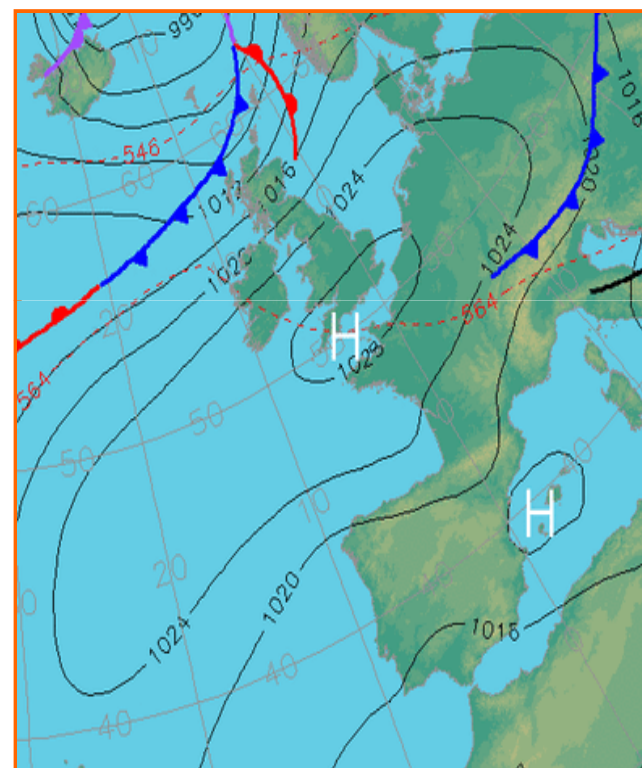
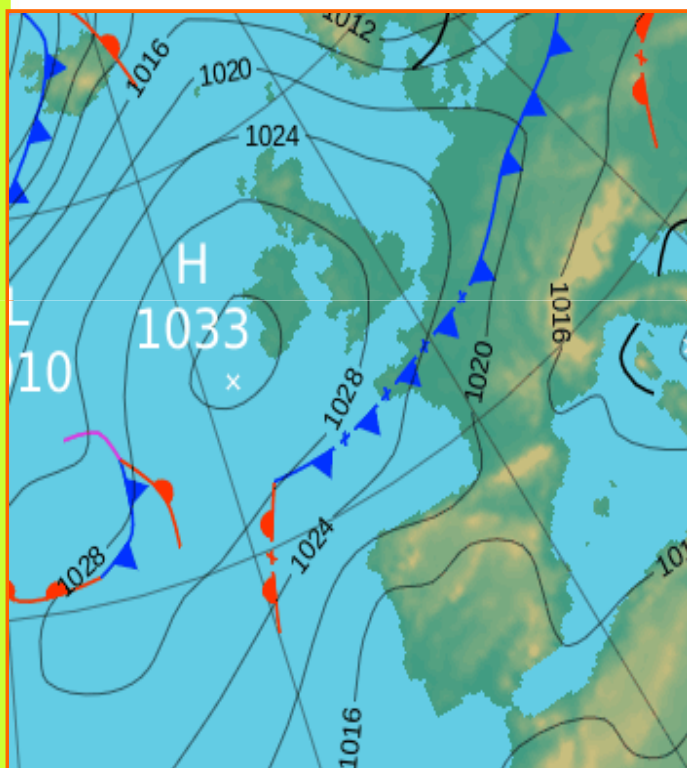
# Coasts - Land breezes

Usually not as strong as sea breezes



# Paralympics Sea breeze EXPECTED Synoptic Situation 5/6 September 2012

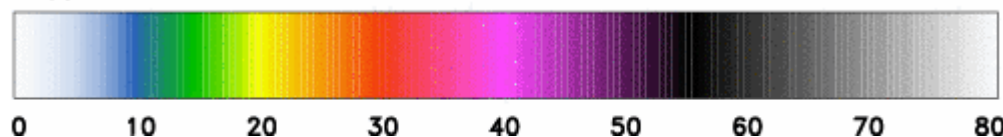
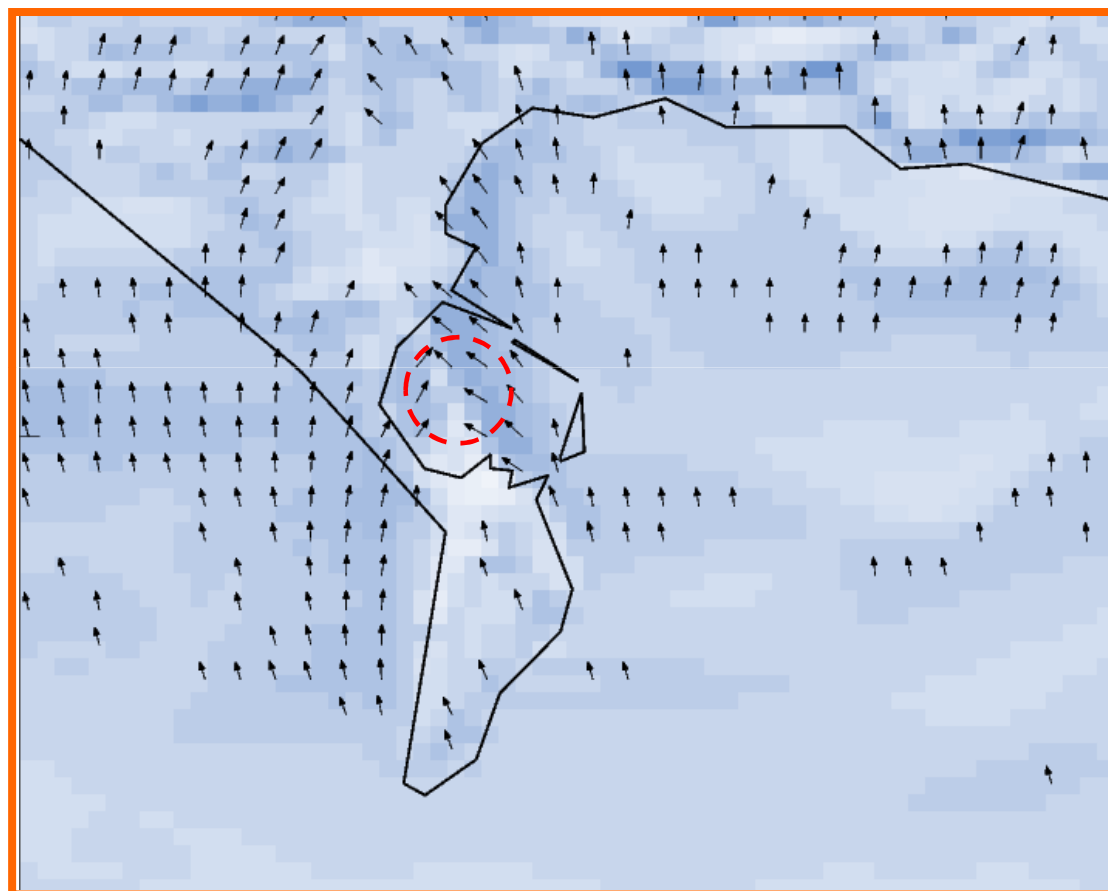
Analysis Wednesday 05/1300 Forecast Thursday 06/1300



# Model products

## Winds forecast loop (knots)

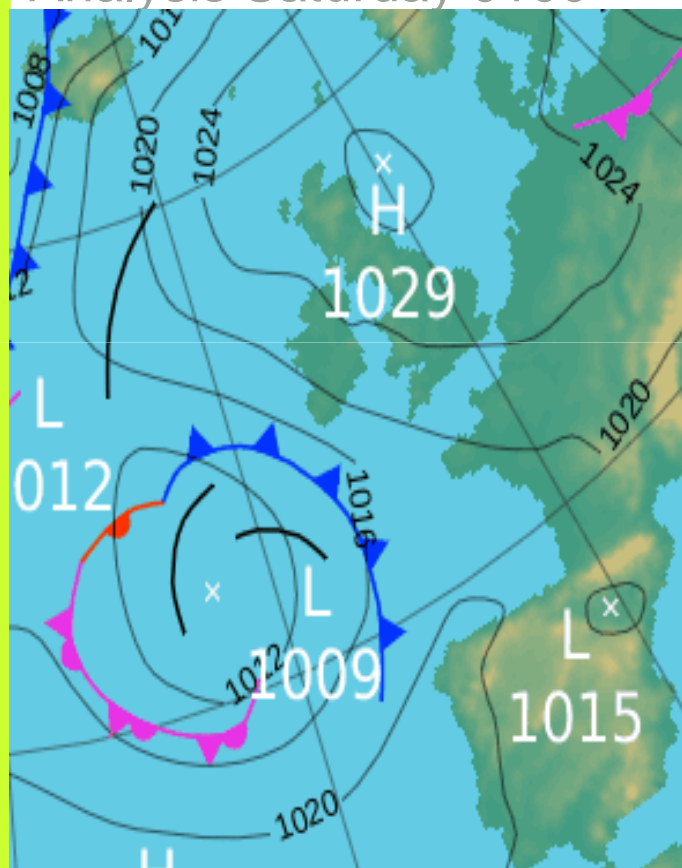
1300 Thursday



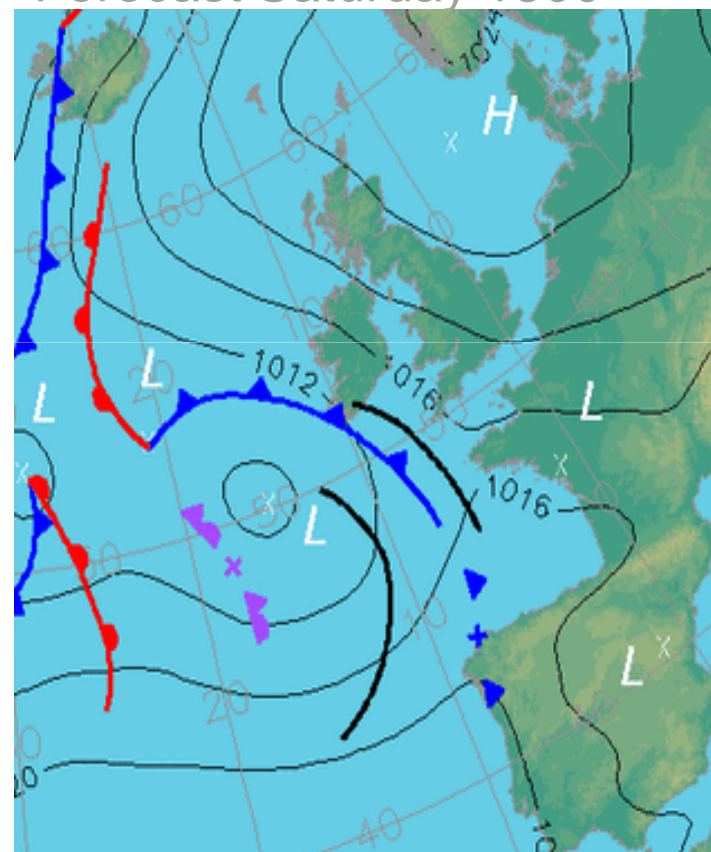
# Olympics 11 August 2012

## Sea Breeze UNLIKELY

Analysis Saturday 0100



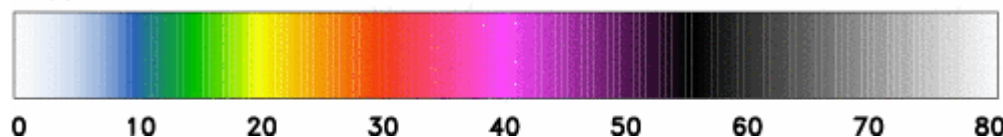
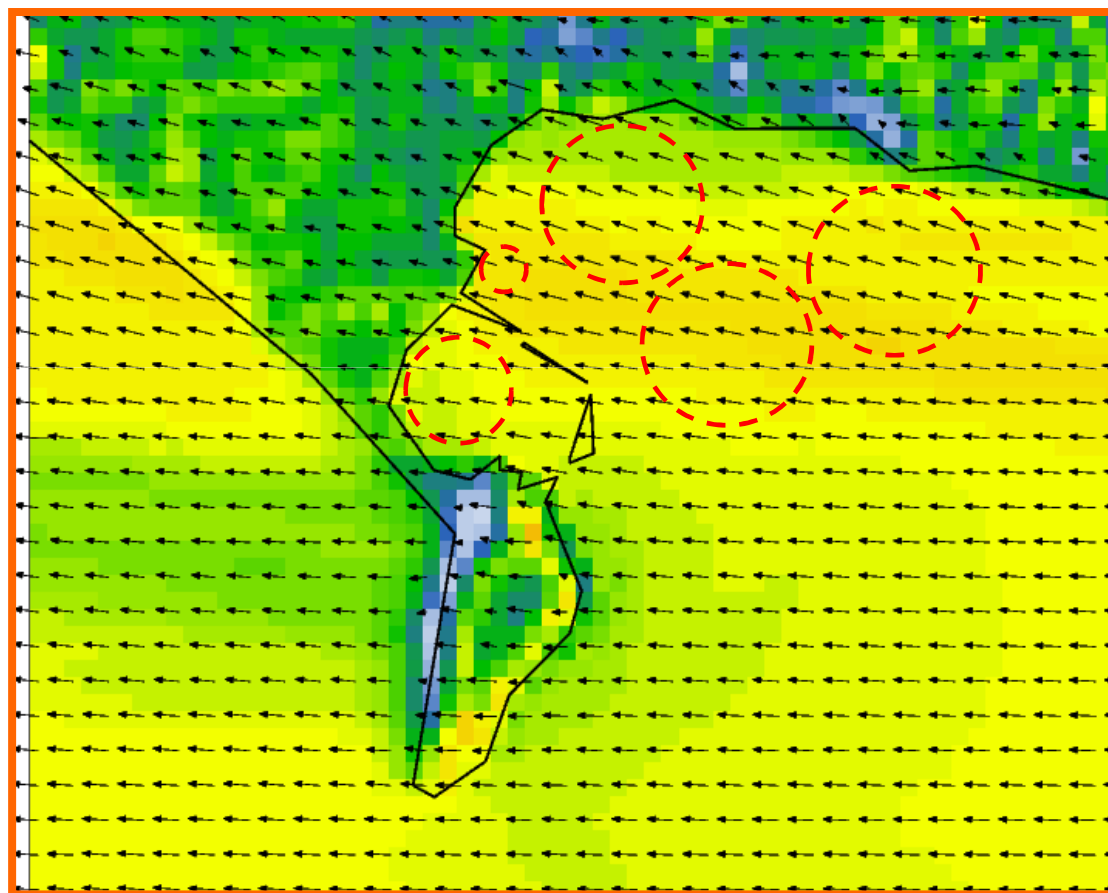
Forecast Saturday 1300



# Model products

## Winds forecast loop (knots)

1400 Saturday





# Local winds

*Effects of hills, cliffs, islands and channels*

- Wind bends/shadows
- Focusing of breeze
- Certain set ups can promote/reduce wind bends

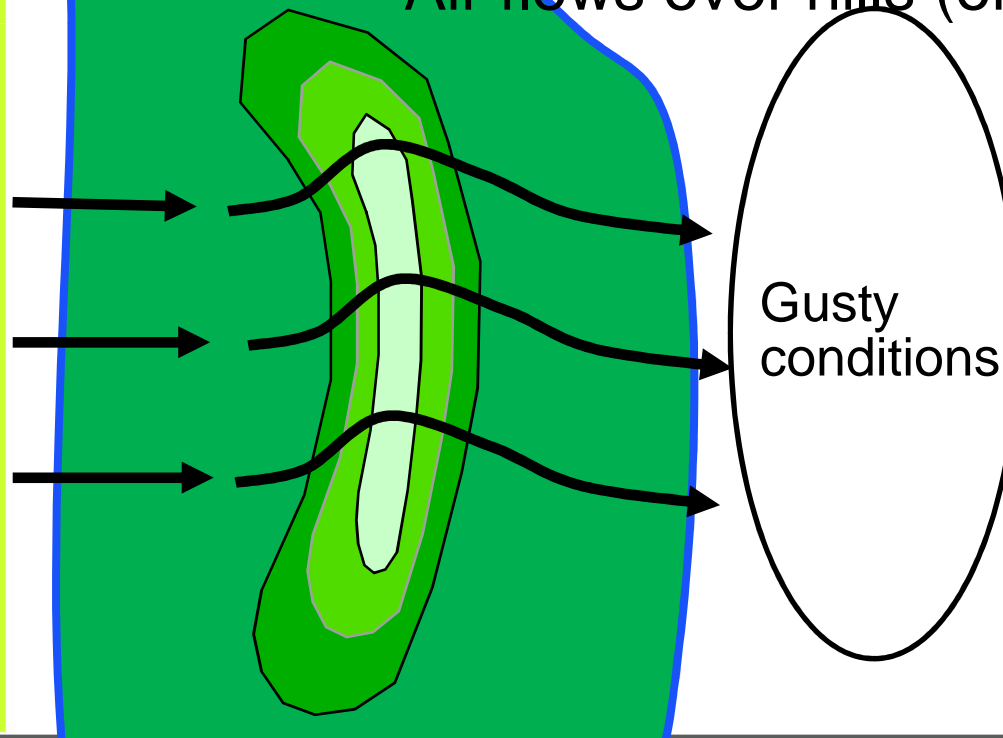


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# Coastal winds

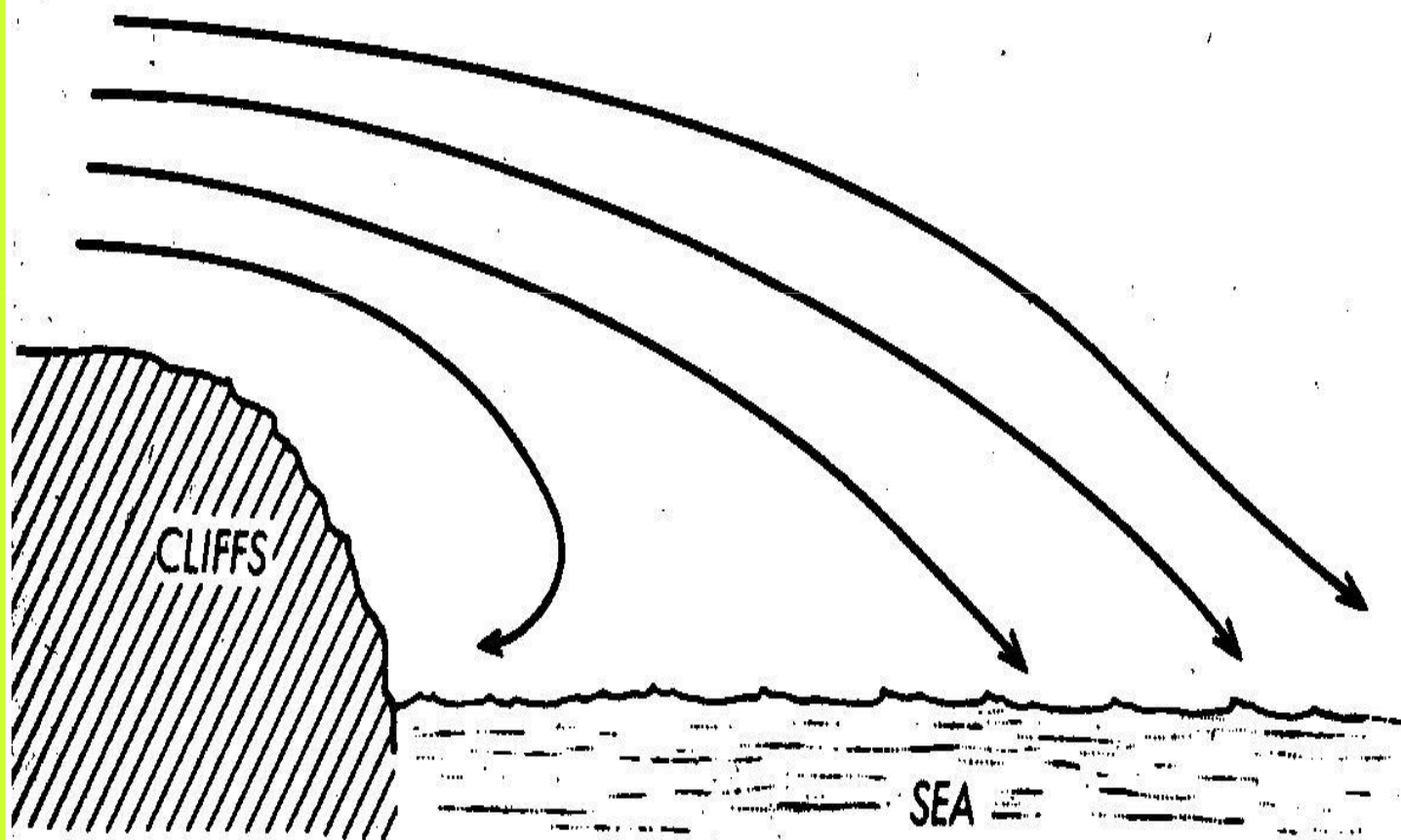
## *Local effects – wind bends*

- Instability and strong winds will reduce wind bends, especially ahead of warm front and behind cold front in polar air
- Air flows over hills (or buildings)



# Coastal winds

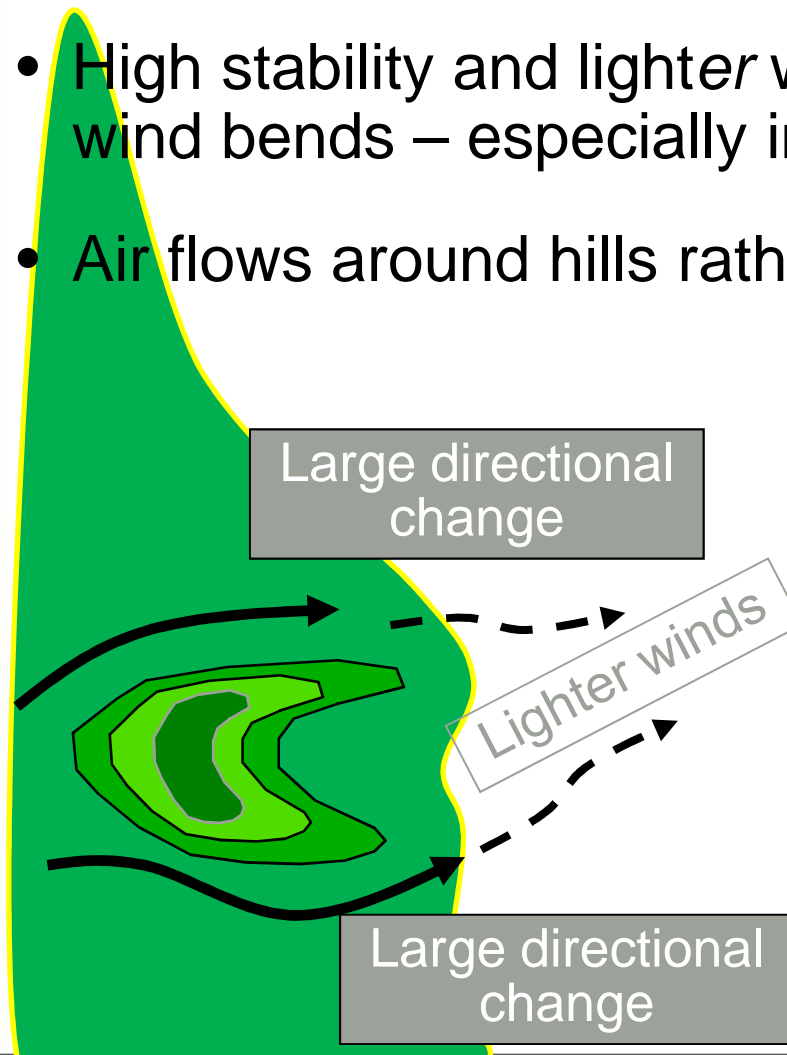
## *Local effects*



# Coastal winds

## *Local effects – wind bends*

- High stability and lighter winds will promote wind bends – especially in warm sectors
- Air flows around hills rather than over



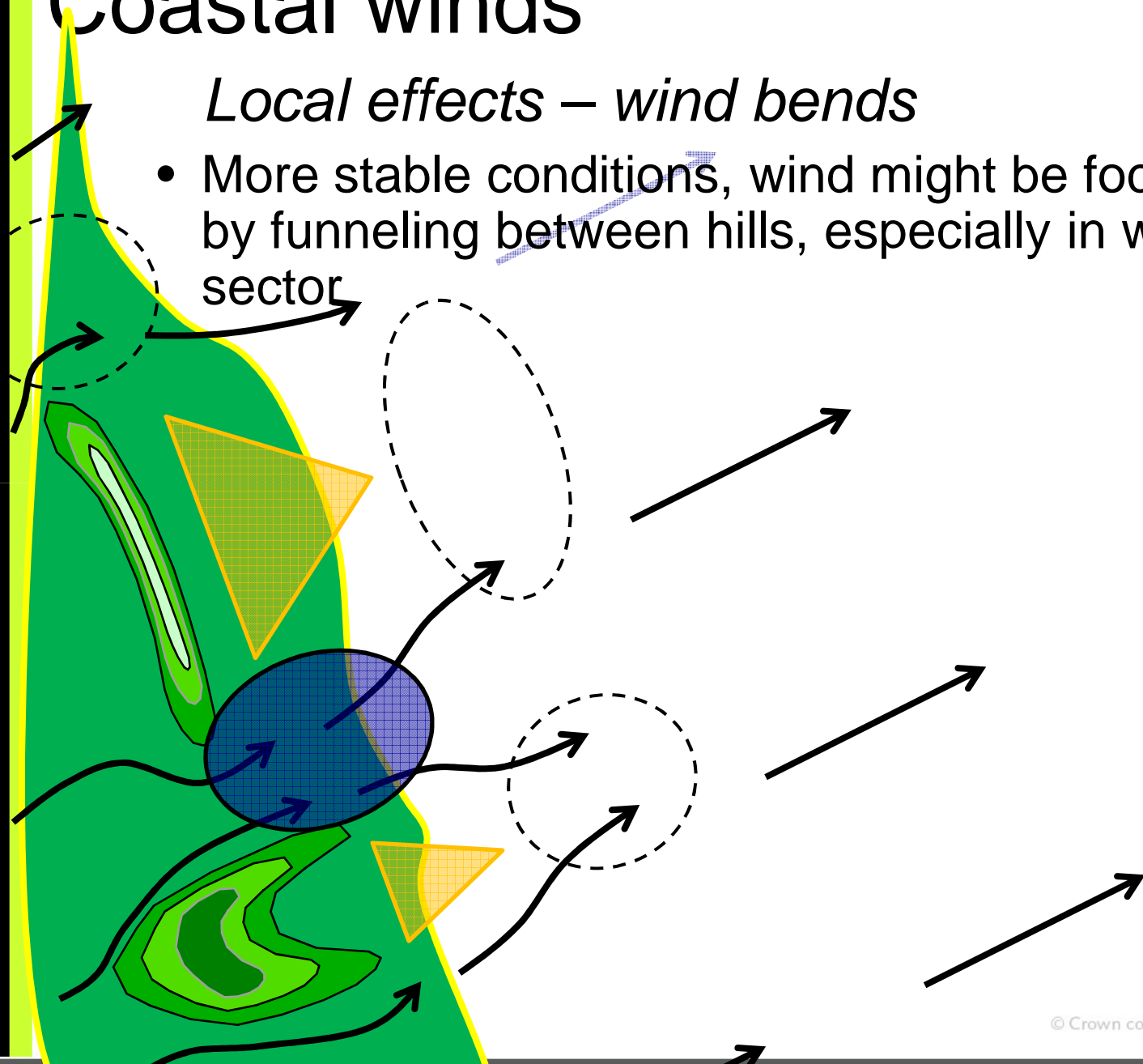


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# Coastal winds

## *Local effects – wind bends*

- More stable conditions, wind might be focused by funneling between hills, especially in warm sector

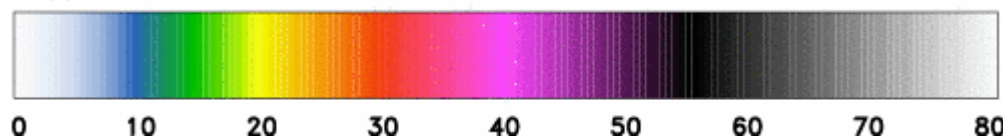
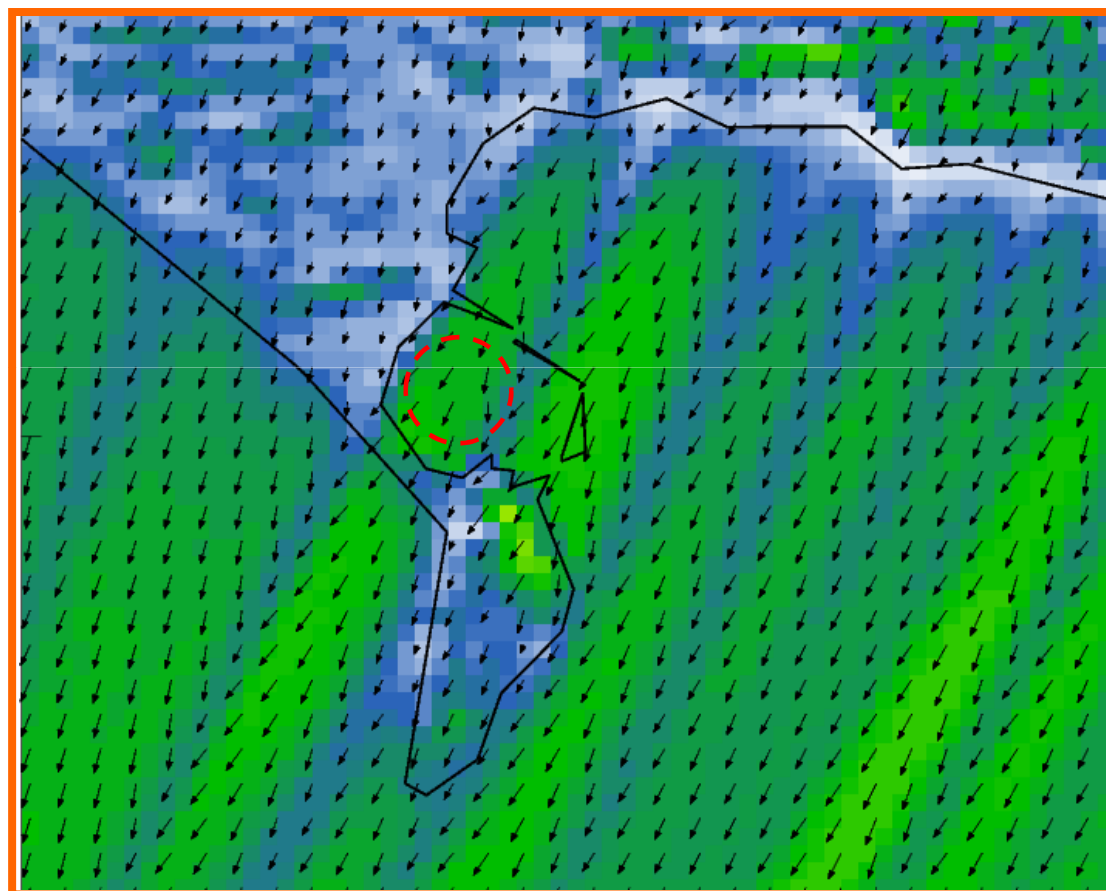




# Model products

## Winds forecast loop (knots)

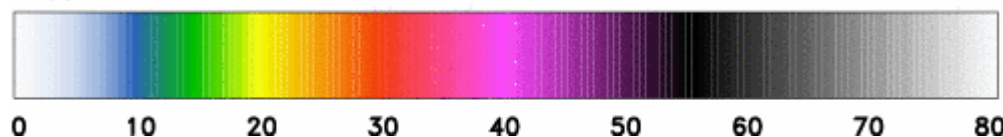
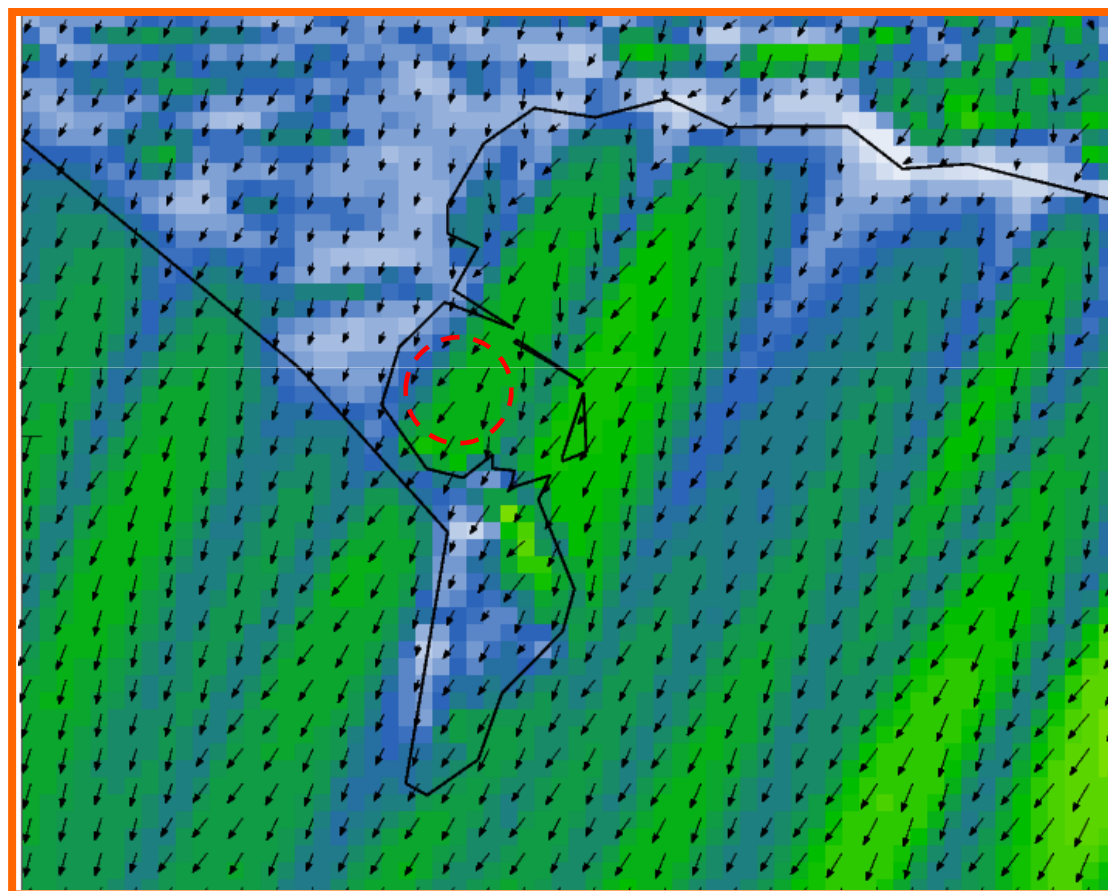
1100 Wednesday



# Model products

## Winds forecast loop (knots)

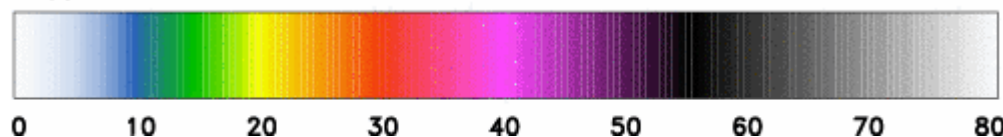
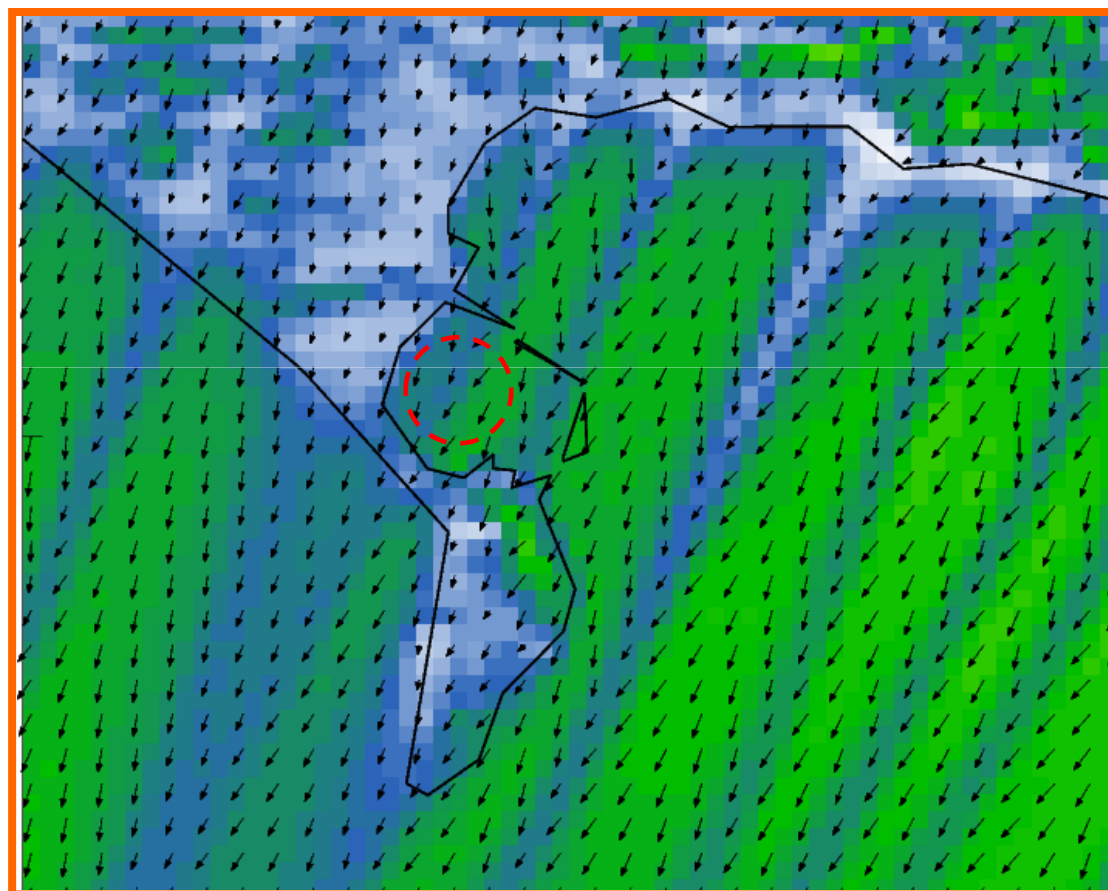
1130 Wednesday



# Model products

## Winds forecast loop (knots)

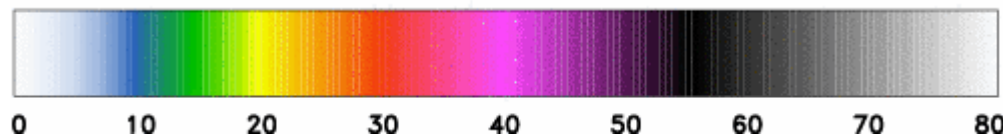
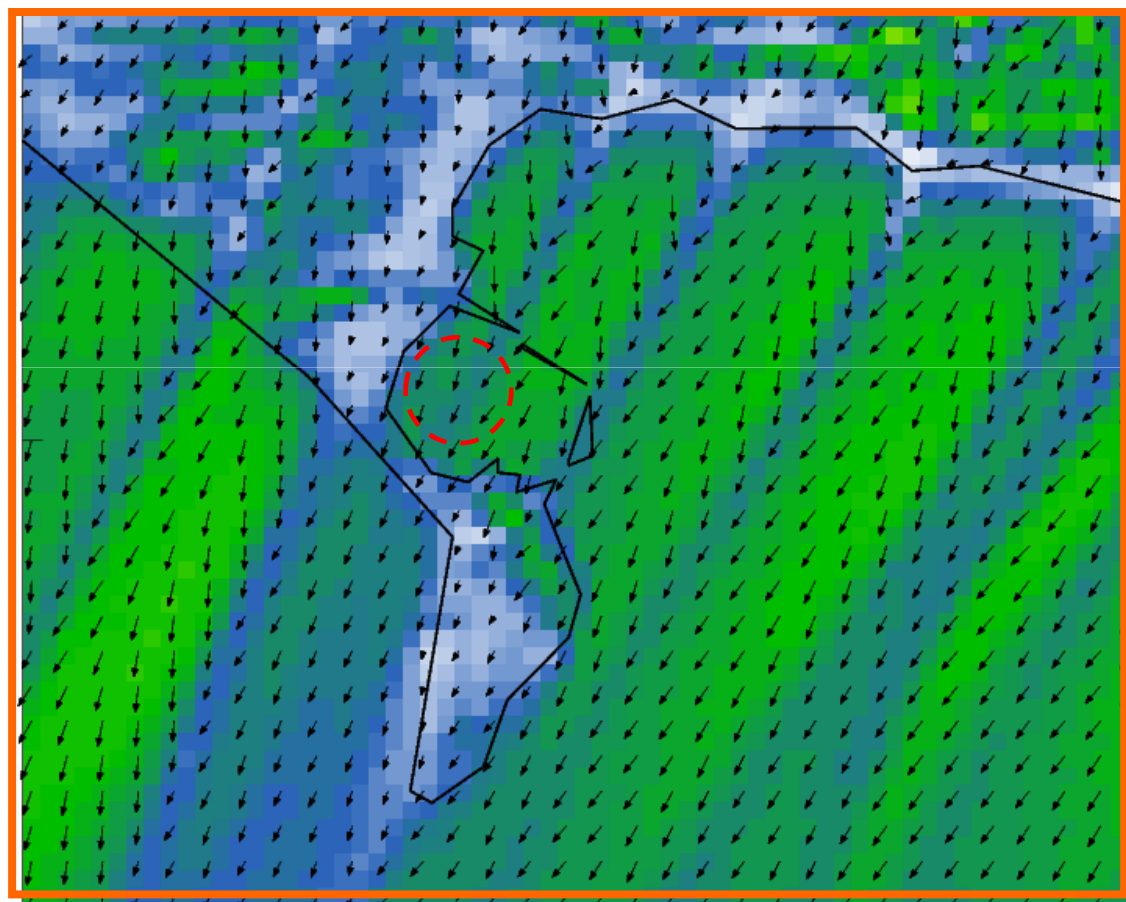
1200 Wednesday



# Model products

## Winds forecast loop (knots)

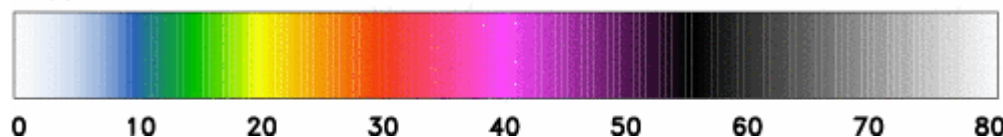
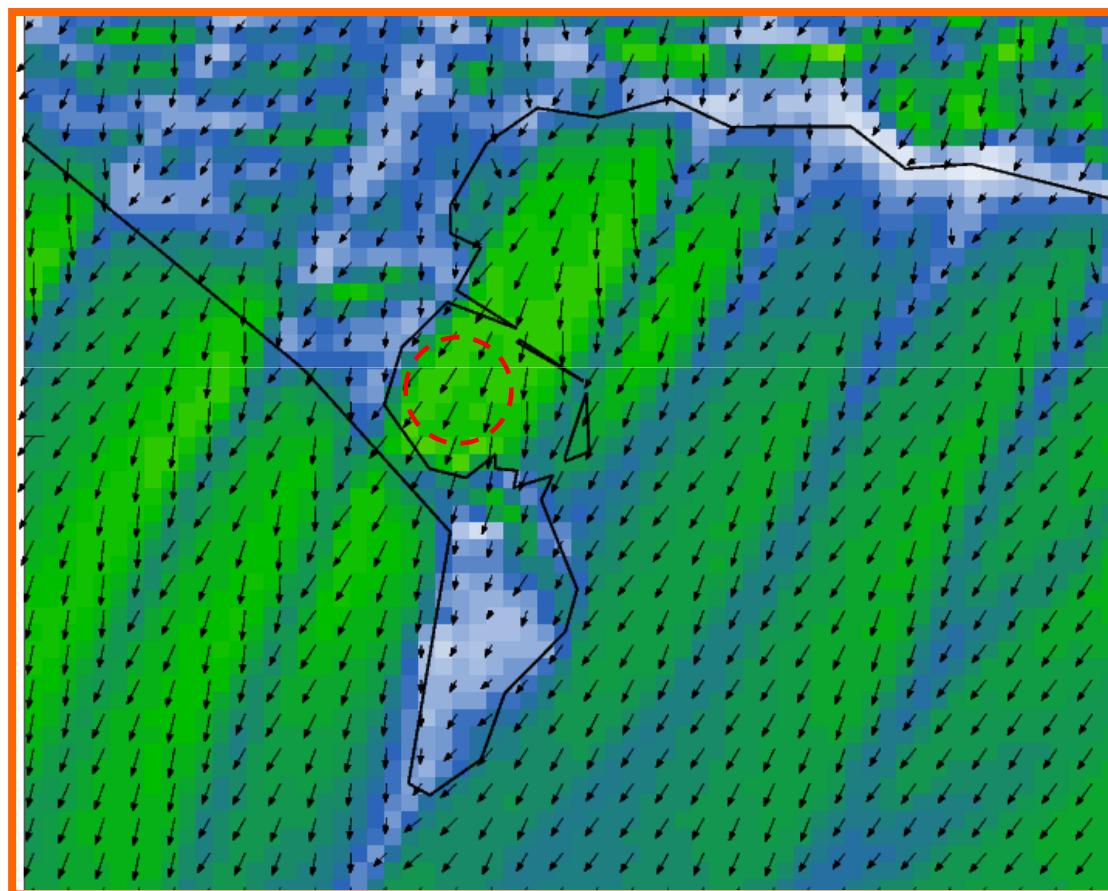
1230 Wednesday



# Model products

## Winds forecast loop (knots)

1300 Wednesday

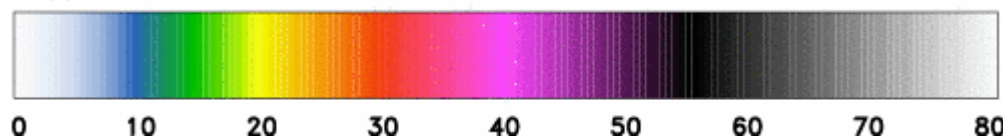
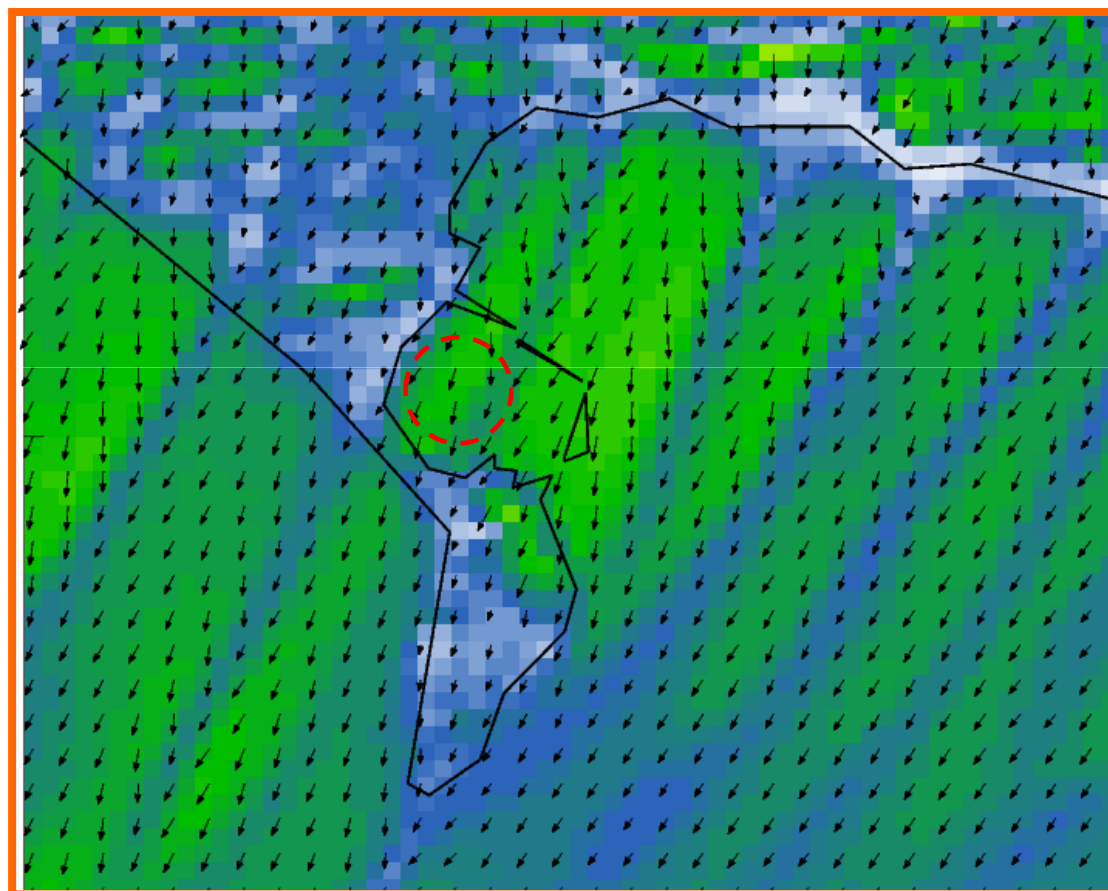




# Model products

## Winds forecast loop (knots)

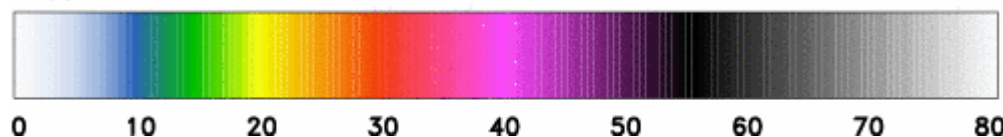
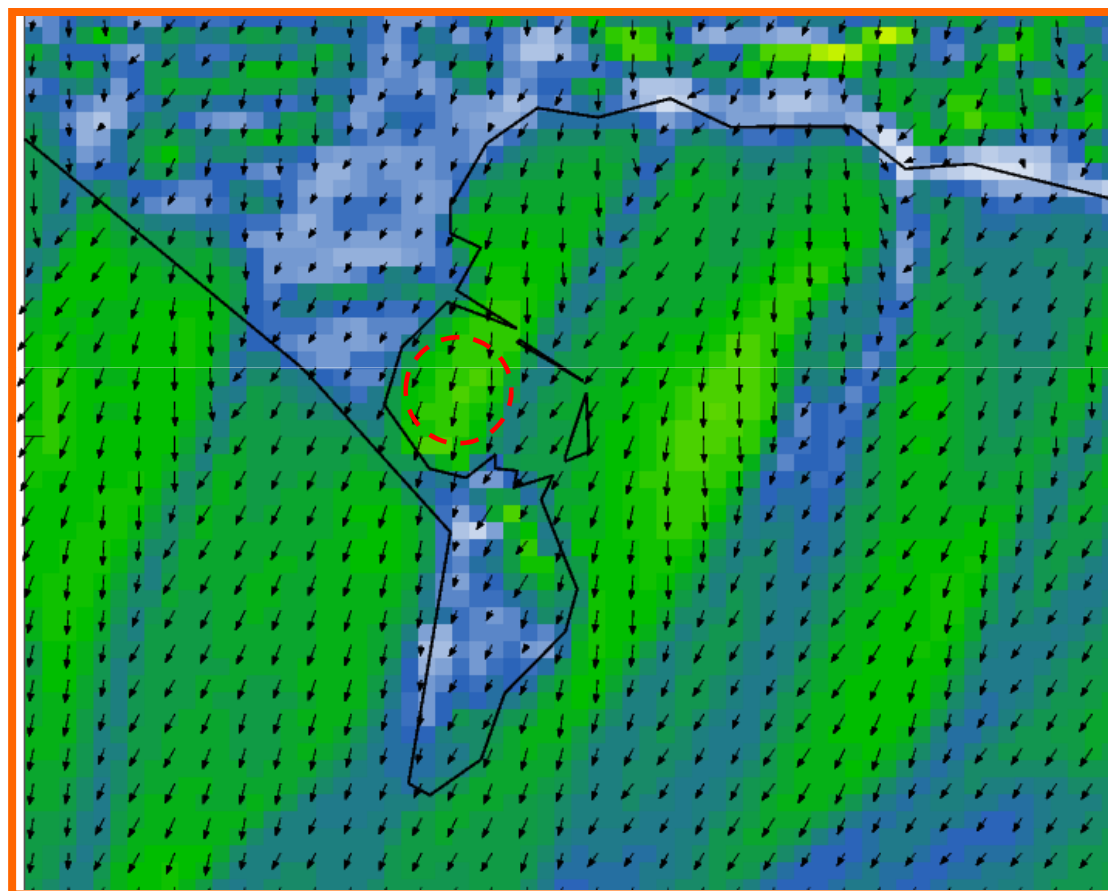
1330 Wednesday



# Model products

## Winds forecast loop (knots)

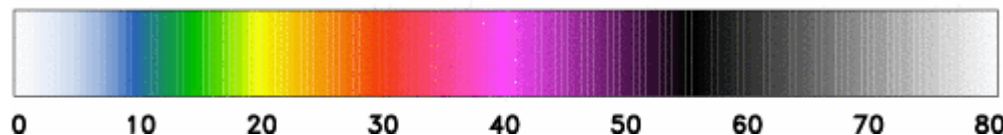
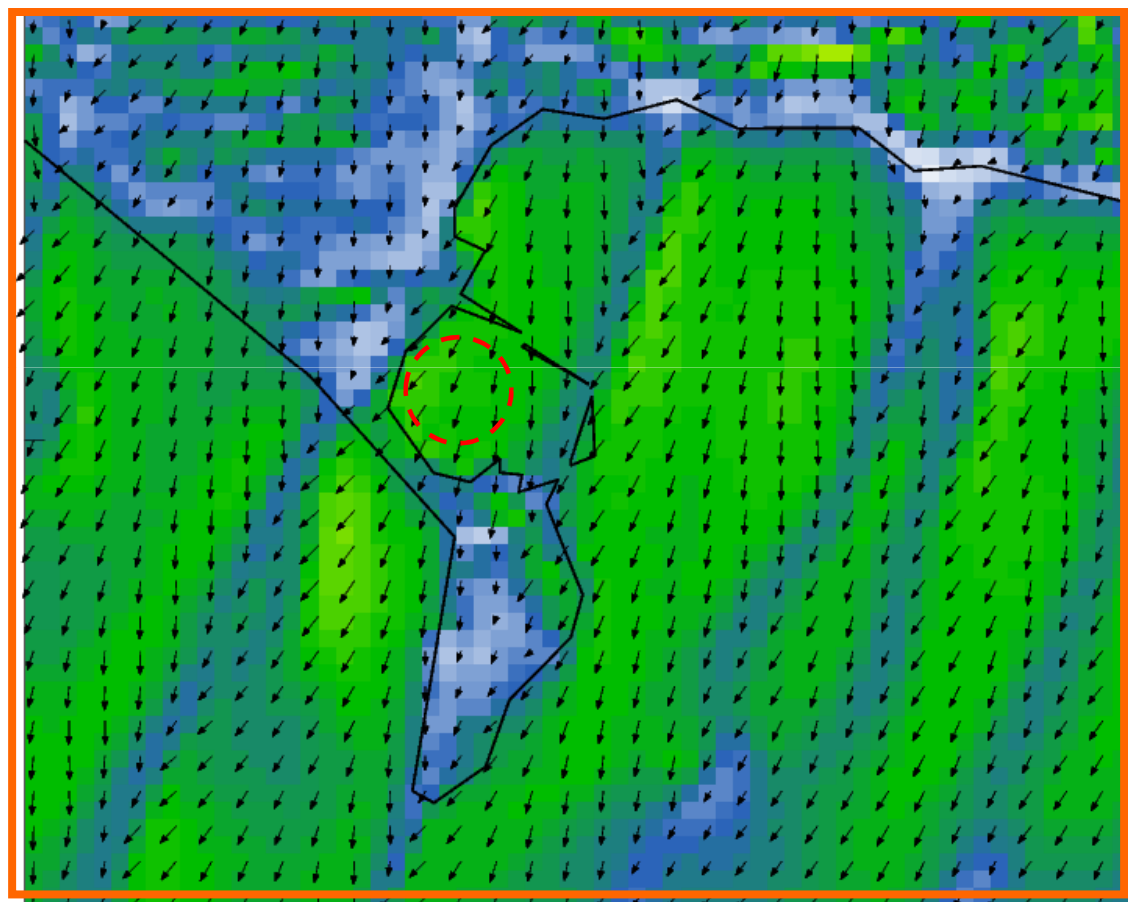
1400 Wednesday



# Model products

## Winds forecast loop (knots)

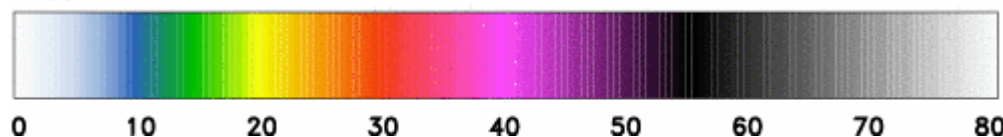
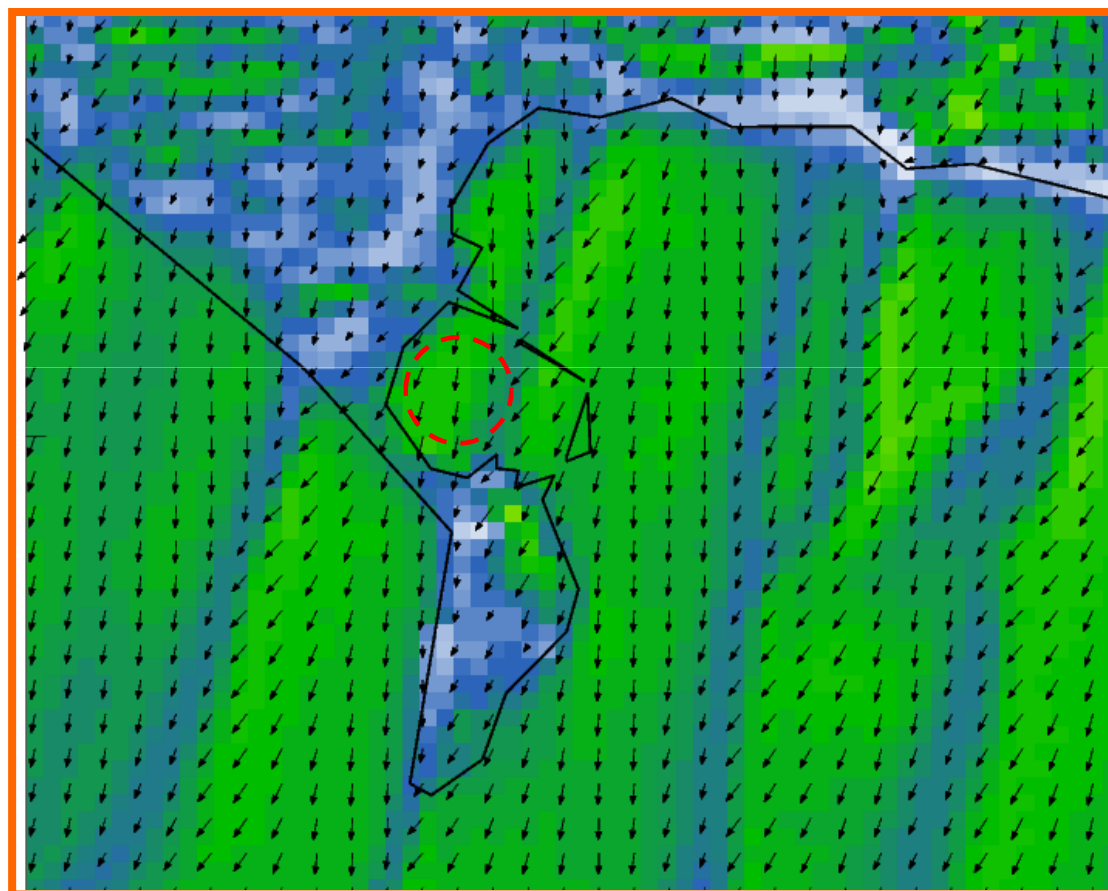
1430 Wednesday



# Model products

## Winds forecast loop (knots)

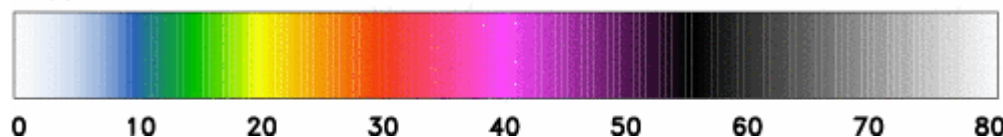
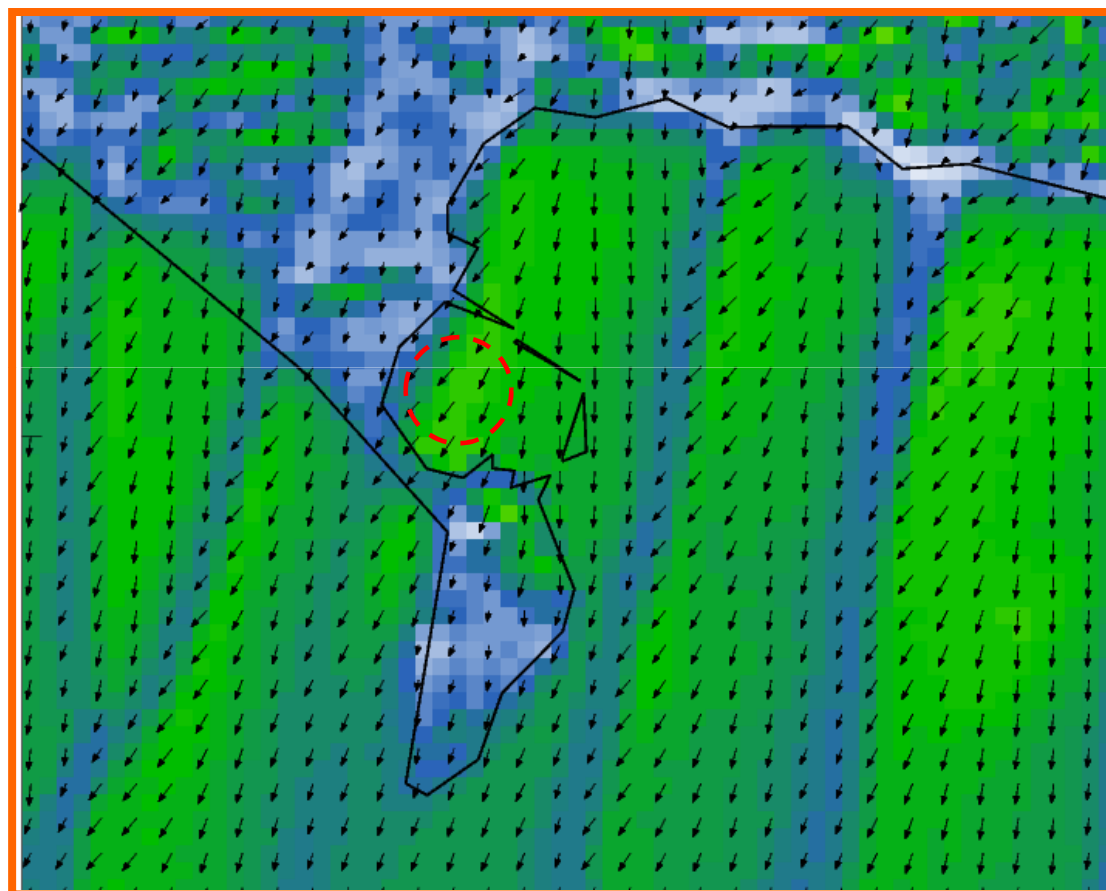
1500 Wednesday



# Model products

## Winds forecast loop (knots)

1530 Wednesday

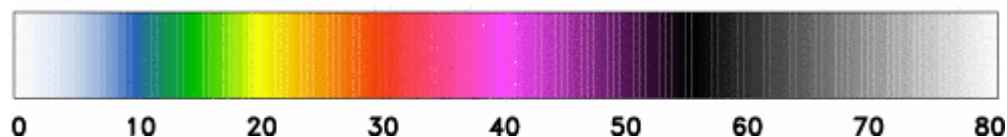
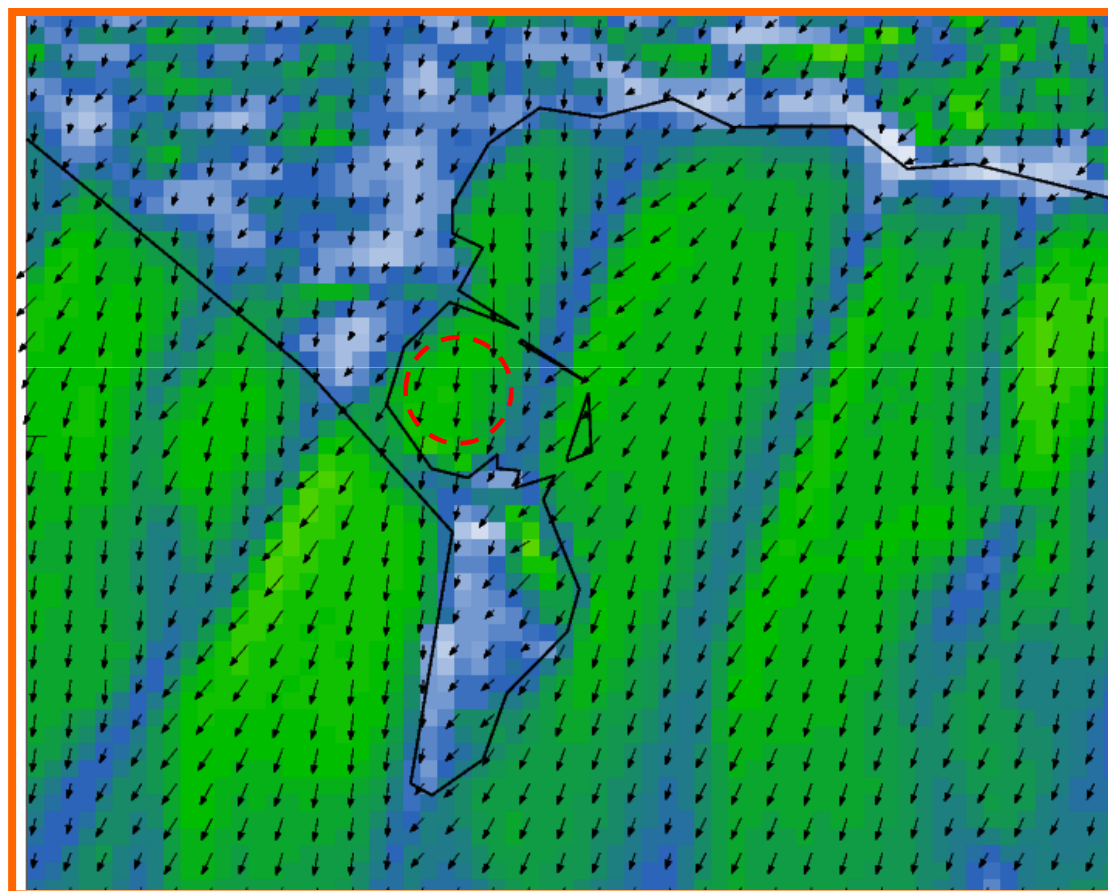




# Model products

## Winds forecast loop (knots)

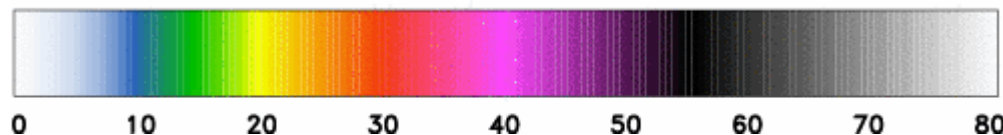
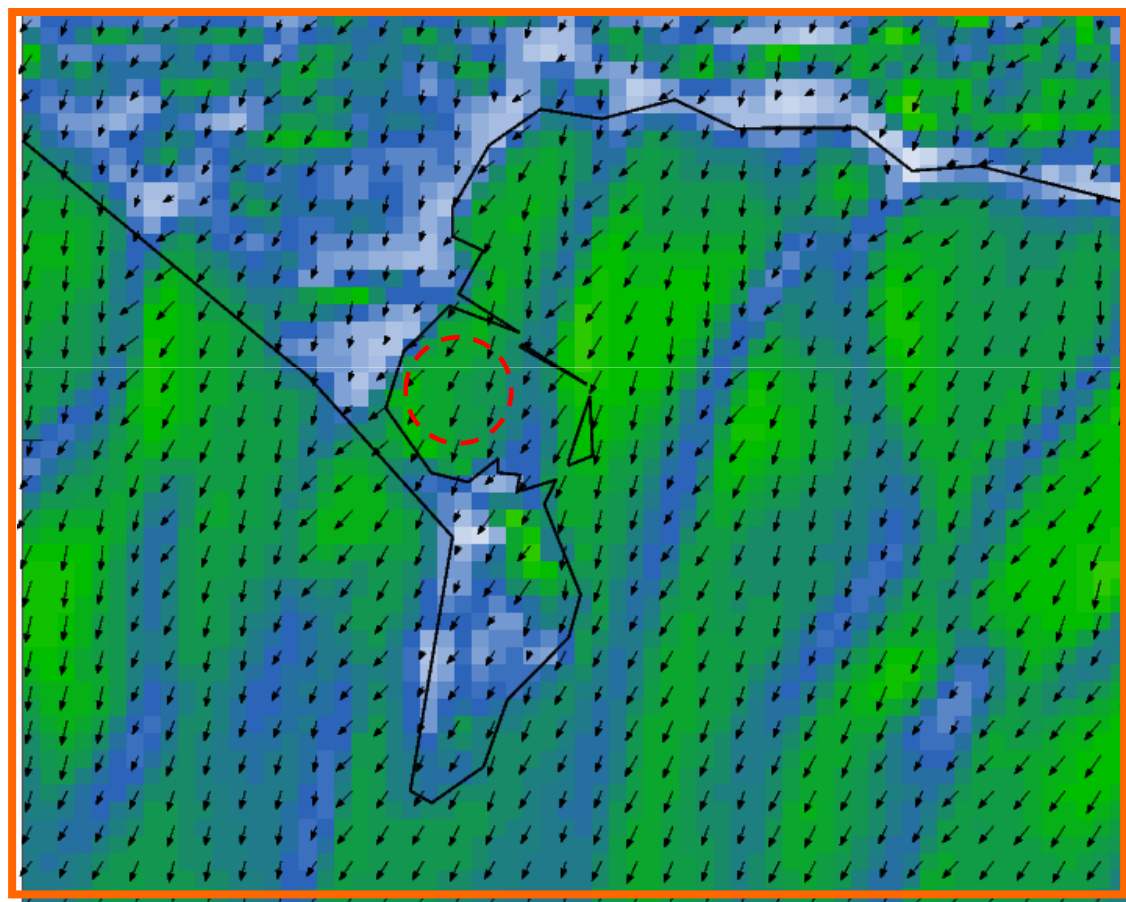
1600 Wednesday



# Model products

## Winds forecast loop (knots)

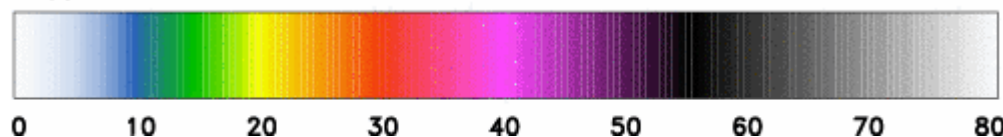
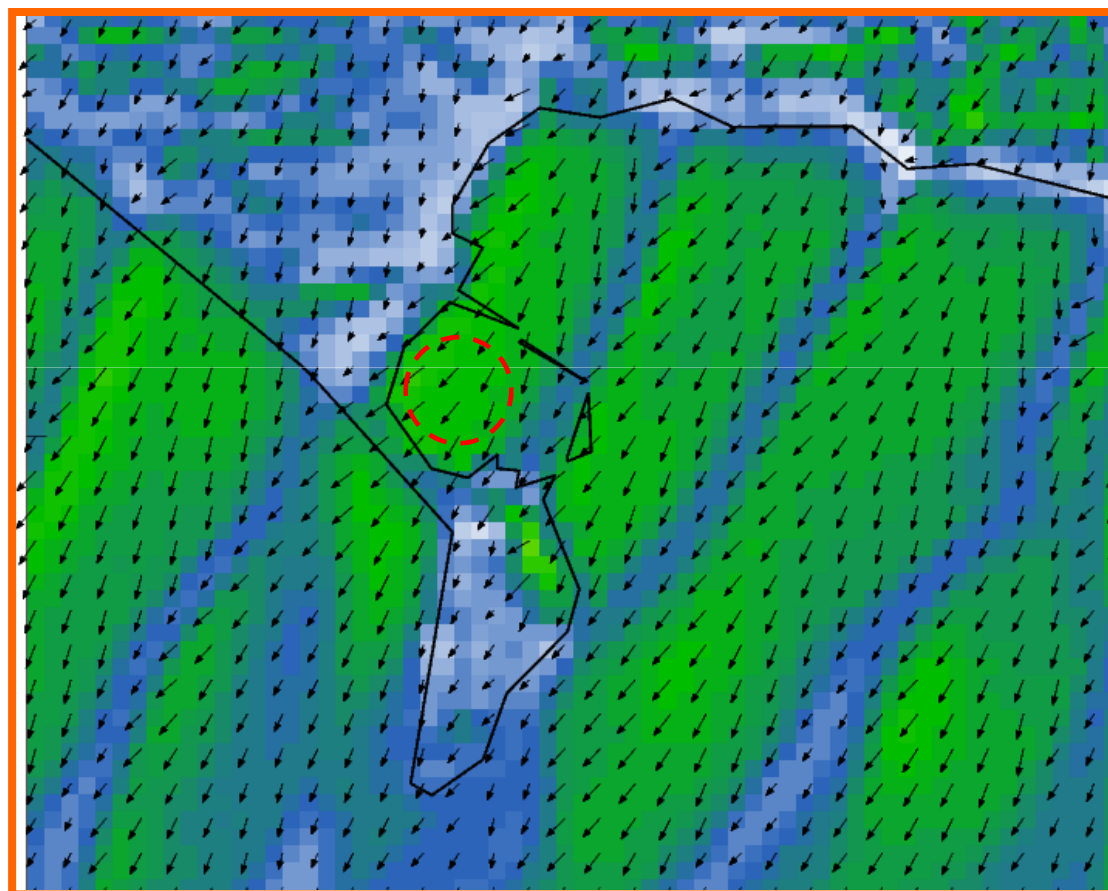
1630 Wednesday



# Model products

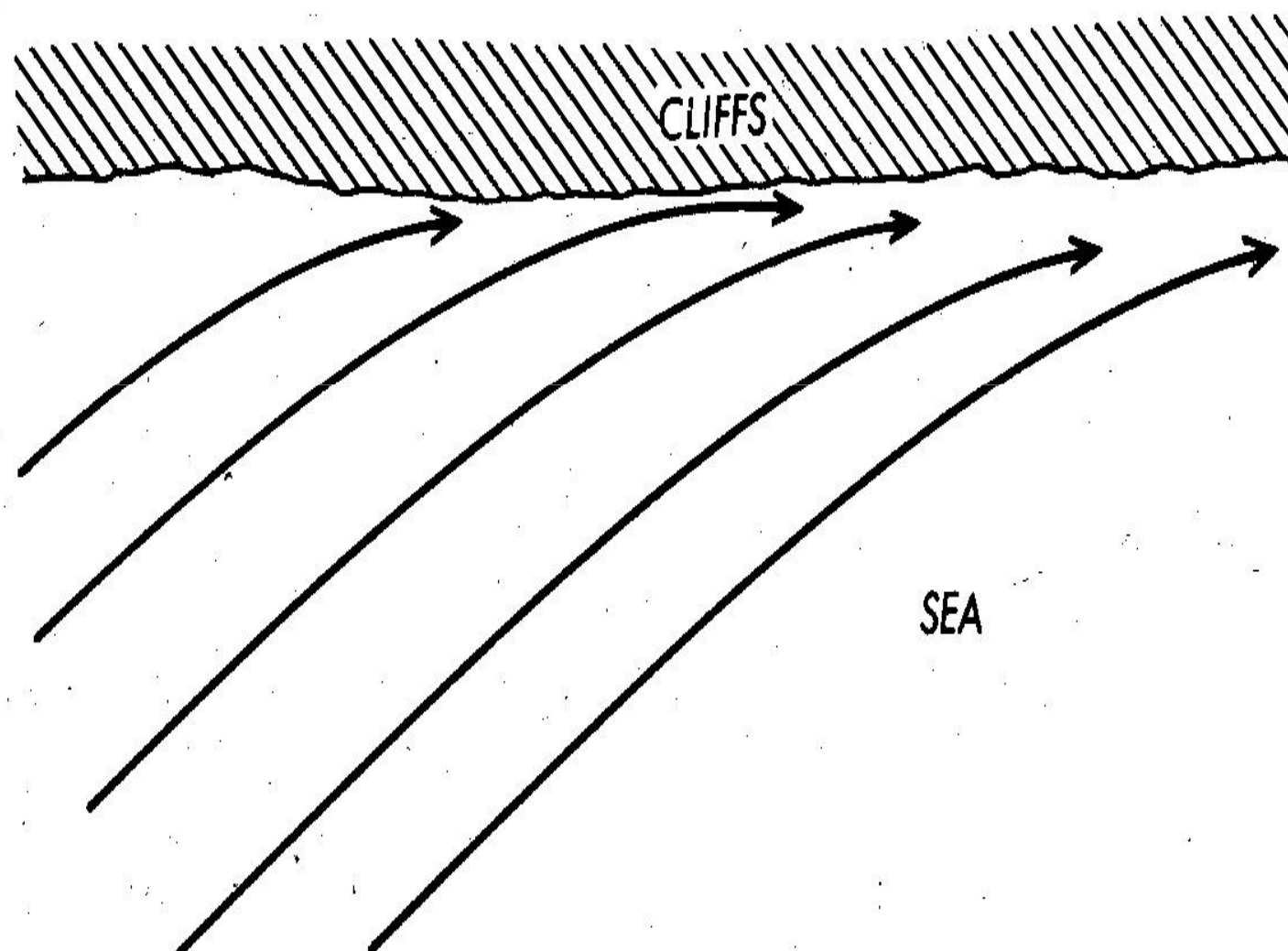
## Winds forecast loop (knots)

1700 Wednesday



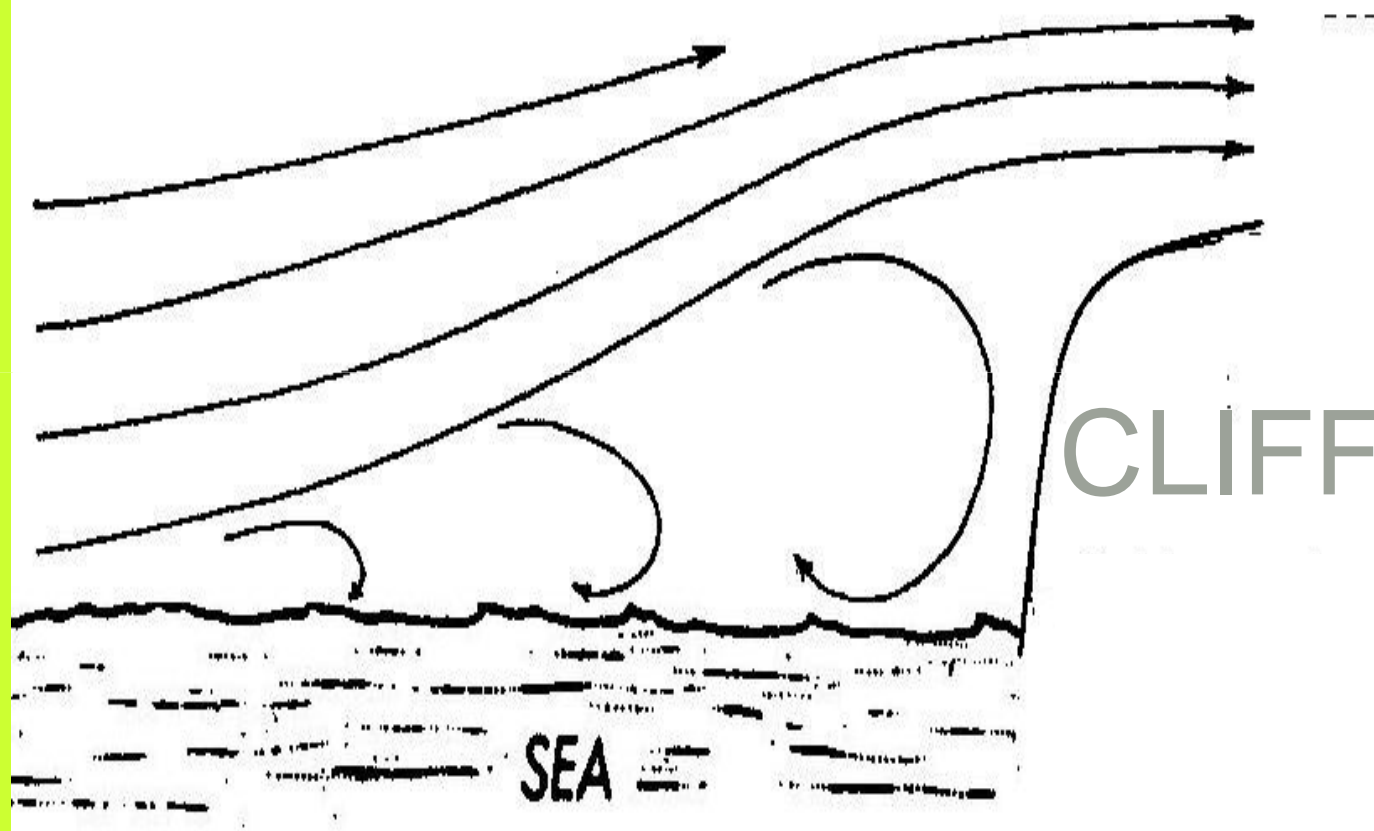
# Coastal winds

## *Other considerations*



# Coastal winds

## *Other considerations*

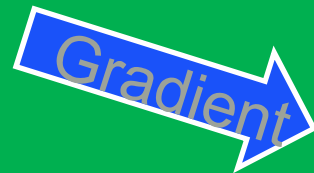




# Coastal winds

*Divergence at coasts*

Winds back  
over land



Land wind



Divergence/lighter winds



Sea wind





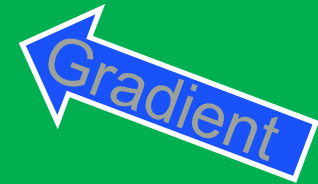
Met Office

# Coastal winds

*Convergence at coasts*

Winds back  
over land

Land wind



Area of convergence/stronger winds



Sea wind



# Coastal winds

## *Other considerations*

- Tides
- Effects of other boats
- Local effects around south coast

# Winds around clouds

- Considering convective clouds only
- Natural variability in wind direction and speed around clouds
- Can be exploited for lifts/headers and change of wind speed

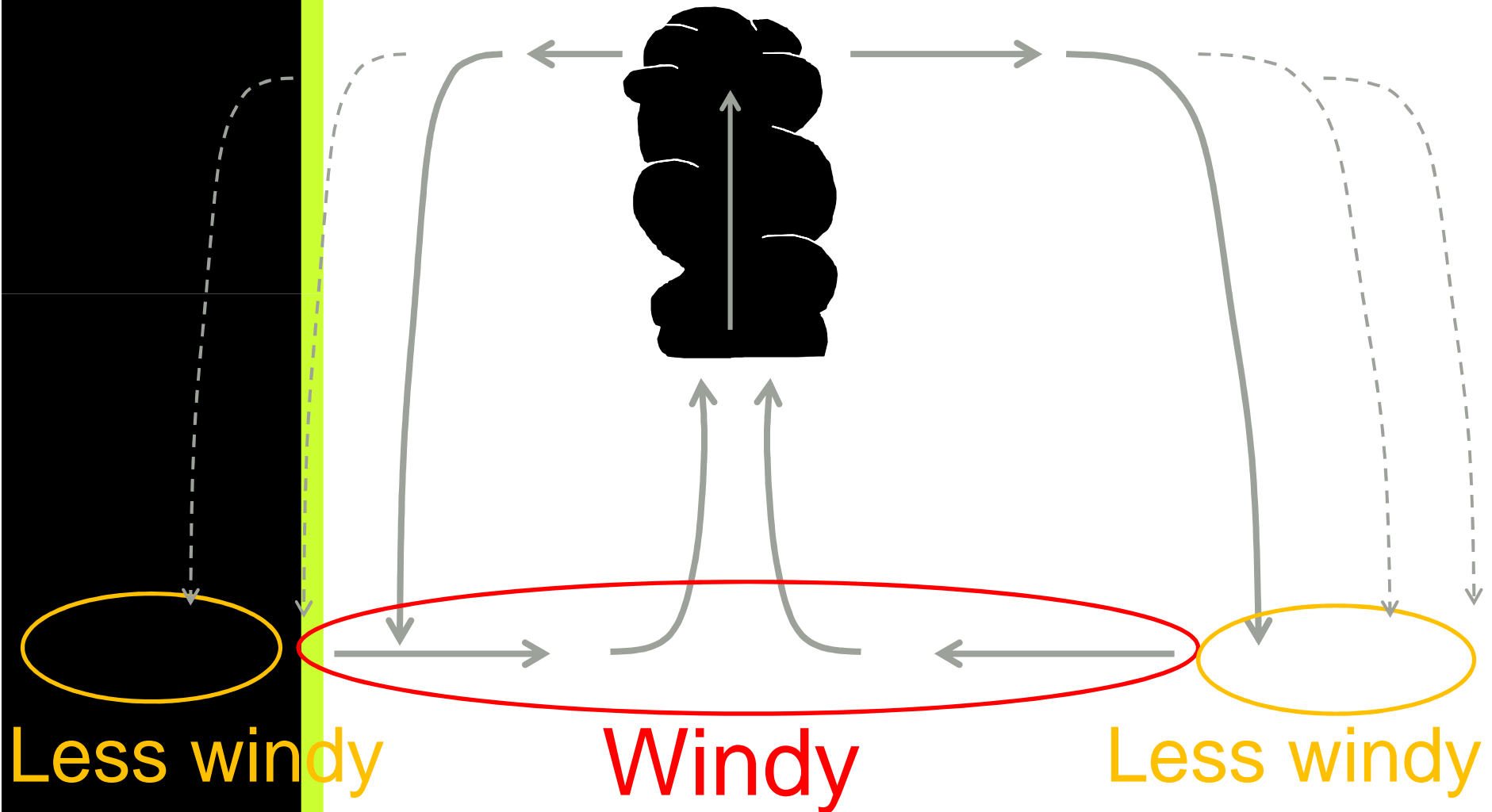




Met Office

# Winds around clouds

*Non-showering Clouds*



Less windy

Windy

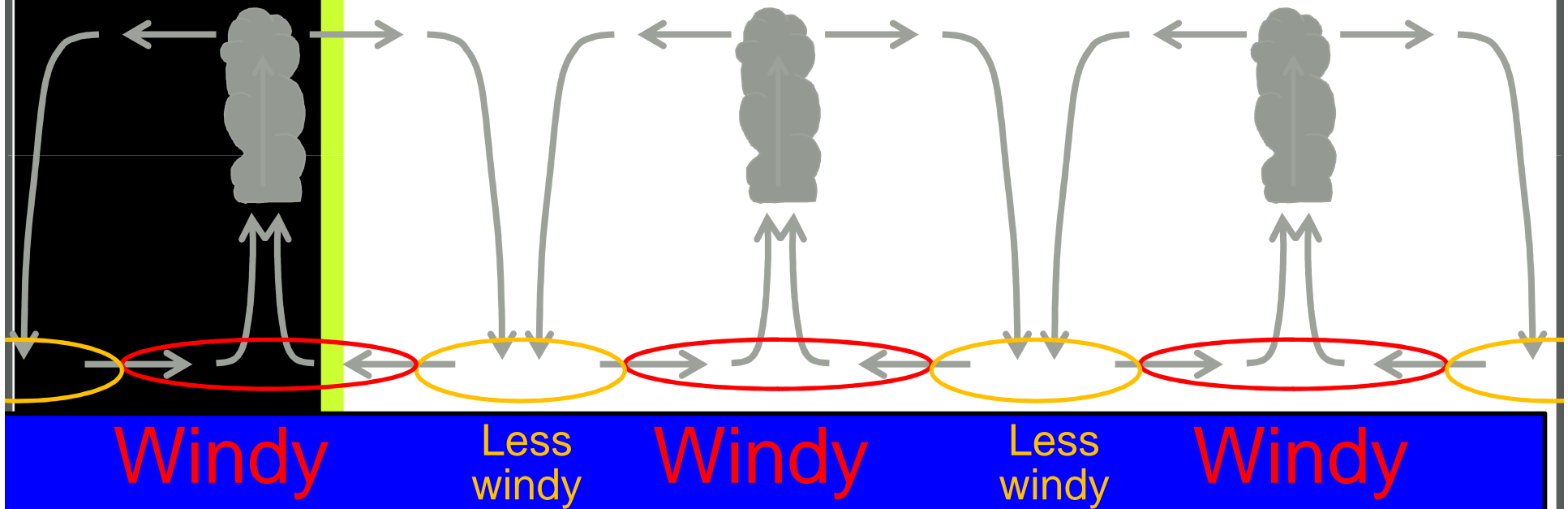
Less windy





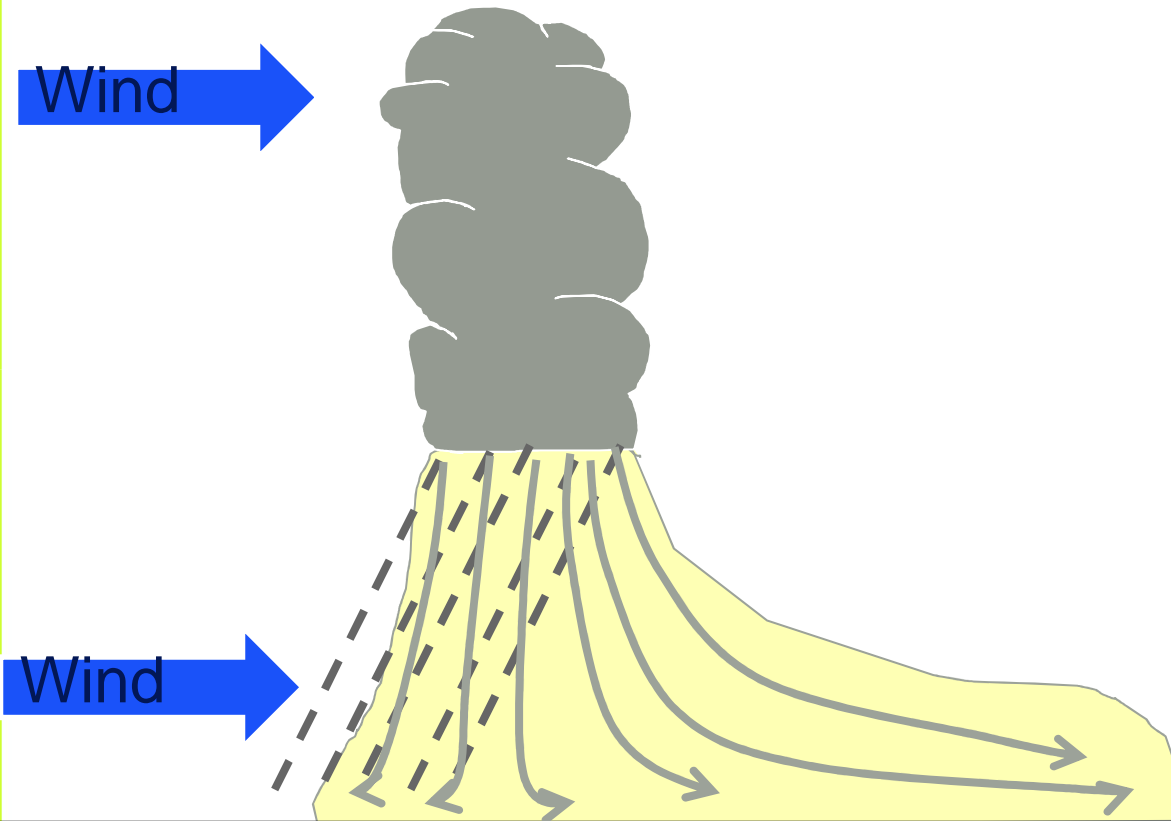
# Winds around clouds

## *Non-showering Clouds*



# Winds around clouds

## *Showering Clouds*





Met Office

Thank you

Any questions?

